

# Steinhölzlilauflauf 2023

## résultats

### Overall Hauptlauf Männer

| rang | nom                 | an | lieu              | club                    | temps        | écart  | min/km | dossard | catégorie |
|------|---------------------|----|-------------------|-------------------------|--------------|--------|--------|---------|-----------|
| 1.   | Kyburz Matthias     | 90 | Liebefeld         | LC Basel                | <b>34:14</b> | --     | 3:15   | 1       | M30: 1.   |
| 2.   | Burton Neil         | 82 | Basel             | LC Basel                | <b>35:36</b> | +1:22  | 3:23   | 3       | M40: 1.   |
| 3.   | Hubmann Daniel      | 83 | Bern              |                         | <b>35:53</b> | +1:39  | 3:25   | 4       | M40: 2.   |
| 4.   | Furer Jerome        | 97 | Frutigen          | LV Thun                 | <b>36:08</b> | +1:54  | 3:26   | 6       | M20: 1.   |
| 5.   | Schnider Lars       | 03 | Lohn-Ammannsegg   | STB                     | <b>36:22</b> | +2:08  | 3:27   | 550     | M20: 2.   |
| 6.   | Pfanner Michael     | 87 | Sion              | MySport Trophy Bike     | <b>36:24</b> | +2:10  | 3:27   | 490     | M30: 2.   |
| 7.   | Broisat Lilian      | 00 | Bern              |                         | <b>36:37</b> | +2:23  | 3:29   | 286     | M20: 3.   |
| 8.   | Lehmann Cédric      | 95 | Liebefeld         | STB Leichtathletik /... | <b>37:03</b> | +2:49  | 3:31   | 5       | M20: 4.   |
| 9.   | Lüthi Dimitri       | 89 | Bern              | STB                     | <b>37:23</b> | +3:09  | 3:33   | 8       | M30: 3.   |
| 10.  | Tefera Mekonen      | 92 | Nidau             |                         | <b>37:52</b> | +3:38  | 3:36   | 2       | M30: 4.   |
| 11.  | Zangger Ivo         | 93 | Bern              | STB                     | <b>38:09</b> | +3:55  | 3:37   | 618     | M30: 5.   |
| 12.  | Hess Martin         | 87 | Liebefeld         | Buschweg-Running-...    | <b>38:36</b> | +4:22  | 3:40   | 377     | M30: 6.   |
| 13.  | Sterchi Tobias      | 02 | Niederhünigen     | STB Leichtathletik      | <b>38:44</b> | +4:30  | 3:41   | 576     | M20: 5.   |
| 14.  | Schmutz Joël        | 00 | Burgdorf          | OL Regio Burgdorf       | <b>38:48</b> | +4:34  | 3:41   | 542     | M20: 6.   |
| 15.  | Hirt Beni           | 80 | Bern              | Decomplex               | <b>39:21</b> | +5:07  | 3:44   | 379     | M40: 3.   |
| 16.  | Schönholzer Urs     | 72 | Ittigen           |                         | <b>39:22</b> | +5:08  | 3:44   | 11      | M50: 1.   |
| 17.  | Hofer Daniel        | 86 | Liebistorf        |                         | <b>40:04</b> | +5:50  | 3:48   | 383     | M30: 7.   |
| 18.  | Lörtscher Lenny     | 03 | Faulensee         | LV Thun                 | <b>40:06</b> | +5:52  | 3:49   | 445     | M20: 7.   |
| 19.  | Wohler Ursin        | 06 | Spiez             | NSK Thun                | <b>40:08</b> | +5:54  | 3:49   | 613     | JugA: 1.  |
| 20.  | Nyffenegger Marc    | 82 | Thun              | LV Thun                 | <b>40:10</b> | +5:56  | 3:49   | 477     | M40: 4.   |
| 21.  | Kempf Andreas       | 88 | Wabern            | TSV Düringen            | <b>40:35</b> | +6:21  | 3:51   | 1105    | M30: 8.   |
| 22.  | Probst Jonas        | 85 | Bern              |                         | <b>41:03</b> | +6:49  | 3:54   | 499     | M30: 9.   |
| 23.  | Etter Robert        | 70 | Schüpfen          | Gerbersport             | <b>41:32</b> | +7:18  | 3:57   | 1448    | M50: 2.   |
| 24.  | Egli Nicolas        | 00 | Aarwangen         |                         | <b>41:45</b> | +7:31  | 3:58   | 309     | M20: 8.   |
| 25.  | Grandjean Jérémy    | 91 | Bern              |                         | <b>42:00</b> | +7:46  | 3:59   | 356     | M30: 10.  |
| 26.  | Roth Beat           | 81 | Wabern            | stuetz.be               | <b>42:01</b> | +7:47  | 4:00   | 512     | M40: 5.   |
| 27.  | von Känel Robin     | 98 | Bern              |                         | <b>42:04</b> | +7:50  | 4:00   | 601     | M20: 9.   |
| 28.  | Schild Olivier      | 86 | Köniz             | LCA Bärn                | <b>42:10</b> | +7:56  | 4:00   | 536     | M30: 11.  |
| 29.  | Baumann Beat        | 74 | Zollikofen        | STB                     | <b>42:13</b> | +7:59  | 4:01   | 255     | M40: 6.   |
| 30.  | Ritzmann Emanuel    | 96 | Ostermundigen     |                         | <b>42:23</b> | +8:09  | 4:02   | 511     | M20: 10.  |
| 31.  | Jäger Ralf          | 82 | Bern              | STB                     | <b>42:32</b> | +8:18  | 4:03   | 395     | M40: 7.   |
| 32.  | G. Blanch Javier    | 78 | Rüfenacht BE      | gerbersport             | <b>42:36</b> | +8:22  | 4:03   | 204     | M40: 8.   |
| 33.  | Fischer Severin     | 86 | Bern              | Velo Gfeller Cycling... | <b>43:02</b> | +8:48  | 4:05   | 326     | M30: 12.  |
| 34.  | Zangger Adrian      | 91 | Orpund            |                         | <b>43:20</b> | +9:06  | 4:07   | 617     | M30: 13.  |
| 35.  | Fischer Erich       | 78 | Spiegel b. Bern   | STB                     | <b>43:31</b> | +9:17  | 4:08   | 323     | M40: 9.   |
| 36.  | Mollet Jürg         | 66 | Solothurn         |                         | <b>43:50</b> | +9:36  | 4:10   | 1130    | M50: 3.   |
| 37.  | Bütikofer René      | 71 | Worb              | www.rad-werk.ch         | <b>43:50</b> | +9:36  | 4:10   | 107     | M50: 4.   |
| 38.  | Spreiter Patric     | 79 | Rüfenacht BE      | STB / Giant             | <b>43:52</b> | +9:38  | 4:10   | 573     | M40: 10.  |
| 39.  | Samatar Mustafa     | 92 | Ittigen           |                         | <b>44:03</b> | +9:49  | 4:11   | 519     | M30: 14.  |
| 40.  | Bigler Andy         | 99 | Bern              | STB                     | <b>44:03</b> | +9:49  | 4:11   | 269     | M20: 11.  |
| 41.  | Küböi Ueli          | 74 | Ostermundigen     | STB running             | <b>44:07</b> | +9:53  | 4:12   | 421     | M40: 11.  |
| 42.  | Tobler Lorenz       | 95 | Bern              | STB                     | <b>44:11</b> | +9:57  | 4:12   | 587     | M20: 12.  |
| 43.  | Portmann Kevin      | 89 | Heitenried        |                         | <b>44:15</b> | +10:01 | 4:12   | 495     | M30: 15.  |
| 44.  | Seiler Marcel       | 69 | Reichenbach i. K. | TV Ringgenberg          | <b>44:22</b> | +10:08 | 4:13   | 1103    | M50: 5.   |
| 45.  | Rutschi Raphael     | 87 | Köniz             | EGS                     | <b>44:30</b> | +10:16 | 4:14   | 517     | M30: 16.  |
| 46.  | Stürmer Kai         | 08 | Bern              |                         | <b>44:31</b> | +10:17 | 4:14   | 1113    | JugA: 2.  |
| 47.  | Schnyder Roger      | 62 | Köniz             | runningcoach.me         | <b>45:07</b> | +10:53 | 4:17   | 551     | M60: 1.   |
| 48.  | Burkhalter Matthias | 88 | Ittigen           | LCA Bärn                | <b>45:18</b> | +11:04 | 4:18   | 103     | M30: 17.  |
| 49.  | Rasouli Satdiq      | 05 | Schalunen         | TV Länggasse            | <b>45:33</b> | +11:19 | 4:20   | 505     | JugA: 3.  |
| 50.  | Schertenleib Beat   | 63 | Heimberg          | tripl3.ch               | <b>45:42</b> | +11:28 | 4:21   | 531     | M60: 2.   |

# Steinhölzlilauflauf 2023

## résultats

### Overall Hauptlauf Männer

| rang | nom                     | an | lieu               | club                  | temps        | écart  | min/km | dossard | catégorie |
|------|-------------------------|----|--------------------|-----------------------|--------------|--------|--------|---------|-----------|
| 51.  | Baumann Stefan          | 85 | Blumenstein        | TriTeam Steffisburg   | <b>45:43</b> | +11:29 | 4:21   | 258     | M30: 18.  |
| 52.  | Meyer Christian         | 94 | Schliern bei Köniz | LCA Bärn              | <b>45:54</b> | +11:40 | 4:22   | 461     | M20: 13.  |
| 53.  | Shergold Oliver         | 70 | Bolligen           |                       | <b>46:06</b> | +11:52 | 4:23   | 566     | M50: 6.   |
| 54.  | Kohler Roger            | 90 | Schliern           |                       | <b>46:09</b> | +11:55 | 4:23   | 415     | M30: 19.  |
| 55.  | Zigerlig Dominic        | 05 | Uetendorf          | LV Thun               | <b>46:09</b> | +11:55 | 4:23   | 623     | JugA: 4.  |
| 56.  | Bühler Urs              | 71 | Zollikofen         | TV Zollikofen         | <b>46:13</b> | +11:59 | 4:24   | 287     | M50: 7.   |
| 57.  | Schneider Luk           | 70 | Bern               | STB                   | <b>46:18</b> | +12:04 | 4:24   | 546     | M50: 8.   |
| 58.  | Oesterling Nils         | 71 | Gümligen           | gerbersport           | <b>46:27</b> | +12:13 | 4:25   | 205     | M50: 9.   |
| 59.  | Arens Alex              | 89 | Bern               | STB                   | <b>46:42</b> | +12:28 | 4:26   | 243     | M30: 20.  |
| 60.  | Flückiger Serge         | 77 | Schliern b. Köniz  | Mutante Wireless      | <b>47:21</b> | +13:07 | 4:30   | 111     | M40: 12.  |
| 61.  | Domig Tiago             | 09 | Münsingen          | gerbersport           | <b>47:41</b> | +13:27 | 4:32   | 1117    | JugA: 5.  |
| 62.  | Imfeld Lukas            | 80 | Heimberg           |                       | <b>47:52</b> | +13:38 | 4:33   | 392     | M40: 13.  |
| 63.  | von Niederhäusern Peter | 77 | Spiegel b. Bern    |                       | <b>48:21</b> | +14:07 | 4:36   | 602     | M40: 14.  |
| 64.  | Nöthiger Patrick        | 84 | Lenzburg           | BSC Wohlen            | <b>48:36</b> | +14:22 | 4:37   | 474     | M30: 21.  |
| 65.  | Vicari Philippe         | 90 | Liebefeld          |                       | <b>48:52</b> | +14:38 | 4:39   | 592     | M30: 22.  |
| 66.  | Job Martin              | 64 | Tann               | Lauferei.CH           | <b>48:56</b> | +14:42 | 4:39   | 113     | M50: 10.  |
| 67.  | Feuz Adrian             | 73 | Mülenen            |                       | <b>49:05</b> | +14:51 | 4:40   | 320     | M50: 11.  |
| 68.  | Jung Manuel             | 65 | Muri bei Bern      |                       | <b>49:10</b> | +14:56 | 4:40   | 398     | M50: 12.  |
| 69.  | Häfliger Ruedi          | 87 | Urswil Hochdorf    | BSC Wohlen            | <b>49:14</b> | +15:00 | 4:41   | 361     | M30: 23.  |
| 70.  | Hiltbrunner Lukas       | 04 | Zollbrück          | Laufteam Emmental     | <b>49:15</b> | +15:01 | 4:41   | 1111    | JugA: 6.  |
| 71.  | Pucci Alessandro        | 88 | Liebefeld          |                       | <b>49:19</b> | +15:05 | 4:41   | 501     | M30: 24.  |
| 72.  | de Roche Rafael         | 76 | Steffisburg        |                       | <b>49:24</b> | +15:10 | 4:42   | 109     | M40: 15.  |
| 73.  | Sauerstein Matthias     | 81 | Niederwangen BE    |                       | <b>49:34</b> | +15:20 | 4:43   | 521     | M40: 16.  |
| 74.  | Schenk Dennis           | 83 | Liebefeld          | Team Rocket           | <b>49:40</b> | +15:26 | 4:43   | 528     | M40: 17.  |
| 75.  | Grünwald David          | 87 | Visp               |                       | <b>49:41</b> | +15:27 | 4:43   | 359     | M30: 25.  |
| 76.  | Arni Nils               | 01 | Stettlen           | gerbersport           | <b>49:46</b> | +15:32 | 4:44   | 245     | M20: 14.  |
| 77.  | Arni Björn              | 71 | Stettlen           | Worber Marathongr...  | <b>49:46</b> | +15:32 | 4:44   | 244     | M50: 13.  |
| 78.  | Edgerley Rob            | 83 | Rapperswil BE      |                       | <b>49:48</b> | +15:34 | 4:44   | 308     | M40: 18.  |
| 79.  | Schmid Philippe         | 78 | Wabern             | The Ben Johnsons      | <b>49:48</b> | +15:34 | 4:44   | 539     | M40: 19.  |
| 80.  | Müller Christoph        | 86 | Biel/Bienne        | Jogging Biel- Bienne  | <b>49:56</b> | +15:42 | 4:45   | 470     | M30: 26.  |
| 81.  | Akdeniz Ahmet           | 83 | Pieterlen          |                       | <b>50:31</b> | +16:17 | 4:48   | 232     | M40: 20.  |
| 82.  | Gerber Stefan           | 77 | Niederönz          | Ingold rönners        | <b>50:34</b> | +16:20 | 4:48   | 347     | M40: 21.  |
| 83.  | Spörri Sven             | 00 | Thun               |                       | <b>50:39</b> | +16:25 | 4:49   | 572     | M20: 15.  |
| 84.  | Stern Michael           | 95 | Jaberg             |                       | <b>50:46</b> | +16:32 | 4:50   | 577     | M20: 16.  |
| 85.  | Weissmüller Markus      | 60 | Neuenegg           | Laufträff Neuenegg    | <b>50:59</b> | +16:45 | 4:51   | 605     | M60: 3.   |
| 86.  | Risch Lino              | 93 | Bern               | STB                   | <b>51:07</b> | +16:53 | 4:52   | 510     | M30: 27.  |
| 87.  | Bläsi Siegfried         | 70 | Unterseen          |                       | <b>51:09</b> | +16:55 | 4:52   | 274     | M50: 14.  |
| 88.  | Huber Jonas             | 90 | Münsingen          |                       | <b>51:23</b> | +17:09 | 4:53   | 388     | M30: 28.  |
| 89.  | Schneider Björn         | 78 | Riggisberg         |                       | <b>51:37</b> | +17:23 | 4:54   | 543     | M40: 22.  |
| 90.  | Bigler Gilles           | 84 | Biel/Bienne        | ColdFitBern           | <b>52:00</b> | +17:46 | 4:57   | 270     | M30: 29.  |
| 91.  | Zbinden Martin          | 86 | Gasel              | Massage Köniz         | <b>52:28</b> | +18:14 | 4:59   | 619     | M30: 30.  |
| 92.  | Kunz Andi               | 85 | Bern               |                       | <b>52:33</b> | +18:19 | 5:00   | 428     | M30: 31.  |
| 93.  | Steffen Edi             | 73 | Lengnau BE         | Free Runners Grenc... | <b>52:50</b> | +18:36 | 5:01   | 575     | M50: 15.  |
| 94.  | Bohnenblust Martin      | 68 | Trub               |                       | <b>52:50</b> | +18:36 | 5:01   | 277     | M50: 16.  |
| 95.  | Peyer Fabio             | 95 | Boll               |                       | <b>52:56</b> | +18:42 | 5:02   | 1118    | M20: 17.  |
| 96.  | Beck Mirco              | 91 | Glattbrugg         |                       | <b>53:00</b> | +18:46 | 5:02   | 260     | M30: 32.  |
| 97.  | Uhlmann Hans            | 62 | Glashütten         | Veloclub Murgenthal   | <b>53:37</b> | +19:23 | 5:06   | 591     | M60: 4.   |
| 98.  | Brentani Romano         | 98 | Niederscherli      |                       | <b>53:45</b> | +19:31 | 5:07   | 284     | M20: 18.  |
| 99.  | Freudiger Jonin         | 95 | Niederwangen BE    |                       | <b>53:59</b> | +19:45 | 5:08   | 332     | M20: 19.  |
| 100. | Schneider Hugo          | 66 | Hilterfingen       | All Blacks Thun       | <b>54:01</b> | +19:47 | 5:08   | 545     | M50: 17.  |

# Steinhölzlilauflauf 2023

## résultats

### Overall Hauptlauf Männer

| rang | nom                  | an | lieu              | club                     | temps          | écart  | min/km | dossard | catégorie |
|------|----------------------|----|-------------------|--------------------------|----------------|--------|--------|---------|-----------|
| 101. | Mahler Roman         | 86 | Bern              |                          | <b>54:03</b>   | +19:49 | 5:08   | 450     | M30: 33.  |
| 102. | Von Känel Christoph  | 59 | Frutigen          | All Blacks Thun          | <b>54:25</b>   | +20:11 | 5:10   | 600     | M60: 5.   |
| 103. | Schwander Daniel     | 70 | Richterswil       |                          | <b>54:37</b>   | +20:23 | 5:12   | 1127    | M50: 18.  |
| 104. | Heimgartner Pascal   | 82 | Burgdorf          | Runningtrainer.ch        | <b>54:46</b>   | +20:32 | 5:12   | 371     | M40: 23.  |
| 105. | Buser Hans           | 59 | Bern              | LCA Bärn                 | <b>54:56</b>   | +20:42 | 5:13   | 293     | M60: 6.   |
| 106. | Stettler André       | 74 | Eggiwil           | Crazy Veloshop           | <b>55:11</b>   | +20:57 | 5:15   | 578     | M40: 24.  |
| 107. | Baier Julian         | 96 | Bern              |                          | <b>55:28</b>   | +21:14 | 5:16   | 251     | M20: 20.  |
| 108. | Luder Gere           | 68 | Bern              | Physio Gere Luder        | <b>55:28</b>   | +21:14 | 5:16   | 446     | M50: 19.  |
| 109. | Burger Simon         | 70 | Münsingen         |                          | <b>55:32</b>   | +21:18 | 5:17   | 290     | M50: 20.  |
| 110. | Ramseier Christoph   | 86 | Wohlen bei Bern   |                          | <b>55:43</b>   | +21:29 | 5:18   | 503     | M30: 34.  |
| 111. | Schneider Michael    | 86 | Kehrsatz          |                          | <b>55:52</b>   | +21:38 | 5:19   | 547     | M30: 35.  |
| 112. | Lyhme Lars           | 77 | Liebefeld         |                          | <b>56:04</b>   | +21:50 | 5:20   | 449     | M40: 25.  |
| 113. | Schönholzer Fabian   | 07 | Ittigen           | Wir sind schneller al... | <b>56:06</b>   | +21:52 | 5:20   | 552     | JugA: 7.  |
| 114. | Prager Mathias       | 80 | Liebefeld         |                          | <b>56:22</b>   | +22:08 | 5:22   | 497     | M40: 26.  |
| 115. | Hübscher Walter      | 56 | Liebefeld         |                          | <b>56:23</b>   | +22:09 | 5:22   | 389     | M60: 7.   |
| 116. | Krummenacher Andreas | 77 | Bern              |                          | <b>56:27</b>   | +22:13 | 5:22   | 420     | M40: 27.  |
| 117. | Küng Roland          | 83 | Eschenbach        |                          | <b>56:32</b>   | +22:18 | 5:22   | 426     | M40: 28.  |
| 118. | Felten Jasper        | 82 | Liebefeld         |                          | <b>56:36</b>   | +22:22 | 5:23   | 319     | M40: 29.  |
| 119. | Peter Marco Daniel   | 83 | Ittigen           |                          | <b>56:52</b>   | +22:38 | 5:24   | 489     | M40: 30.  |
| 120. | Herde Othmar         | 57 | St. Gallen        |                          | <b>56:53</b>   | +22:39 | 5:24   | 374     | M60: 8.   |
| 121. | Hitham Sultan        | 79 | Bern              | STB Leichtathletik       | <b>56:56</b>   | +22:42 | 5:25   | 380     | M40: 31.  |
| 122. | Moser Martin         | 74 | Liebefeld         |                          | <b>57:05</b>   | +22:51 | 5:26   | 466     | M40: 32.  |
| 123. | Graf Patric          | 83 | Merligen          |                          | <b>57:08</b>   | +22:54 | 5:26   | 354     | M40: 33.  |
| 124. | Obrecht Matthias     | 76 | Aarau             |                          | <b>57:08</b>   | +22:54 | 5:26   | 478     | M40: 34.  |
| 125. | Sutter Lukas         | 86 | Bern              |                          | <b>57:25</b>   | +23:11 | 5:28   | 583     | M30: 36.  |
| 126. | Buser Marc           | 87 | Bern              | LCA Bärn                 | <b>57:42</b>   | +23:28 | 5:29   | 294     | M30: 37.  |
| 127. | Chheng Rithy         | 80 | Bern              |                          | <b>58:03</b>   | +23:49 | 5:31   | 300     | M40: 35.  |
| 128. | Vogt Michael         | 86 | Bern              |                          | <b>58:21</b>   | +24:07 | 5:33   | 595     | M30: 38.  |
| 129. | Flühmann Tim         | 98 | Bülach            |                          | <b>58:43</b>   | +24:29 | 5:35   | 330     | M20: 21.  |
| 130. | Moser Roland         | 75 | Boll              | STB running              | <b>58:47</b>   | +24:33 | 5:35   | 467     | M40: 36.  |
| 131. | Gerber Nico          | 11 | Niederönz         |                          | <b>59:15</b>   | +25:01 | 5:38   | 346     | JugA: 8.  |
| 132. | Marti Christoph      | 77 | Schliern b. Köniz |                          | <b>59:16</b>   | +25:02 | 5:38   | 454     | M40: 37.  |
| 133. | Meier Philip         | 67 | Stettlen          |                          | <b>59:28</b>   | +25:14 | 5:39   | 458     | M50: 21.  |
| 134. | Kilchenmann Michael  | 62 | Münsingen         | ol norska                | <b>59:30</b>   | +25:16 | 5:39   | 408     | M60: 9.   |
| 135. | Pfulg Alain          | 54 | Hinterkappelen    |                          | <b>59:31</b>   | +25:17 | 5:40   | 1125    | M60: 10.  |
| 136. | Stump Martin         | 61 | Steffisburg       |                          | <b>59:46</b>   | +25:32 | 5:41   | 581     | M60: 11.  |
| 137. | Geissbühler Daniel   | 63 | Liebefeld         |                          | <b>1:00:41</b> | +26:27 | 5:46   | 343     | M60: 12.  |
| 138. | Herde Bernhard       | 51 | Burgdorf          | SAC Burgdorf             | <b>1:00:46</b> | +26:32 | 5:47   | 373     | M70: 1.   |
| 139. | Baumgartner Andreas  | 74 | Bern              | STB B                    | <b>1:00:57</b> | +26:43 | 5:48   | 259     | M40: 38.  |
| 140. | von Känel Hanspeter  | 66 | Wimmis            | Laufftreff Spiez         | <b>1:01:31</b> | +27:17 | 5:51   | 1102    | M50: 22.  |
| 141. | Zimmermann Patrick   | 80 | Kehrsatz          |                          | <b>1:01:33</b> | +27:19 | 5:51   | 625     | M40: 39.  |
| 142. | Zbinden Peter        | 59 | Spiez             | Laufftreff Spiez         | <b>1:01:43</b> | +27:29 | 5:52   | 1115    | M60: 13.  |
| 143. | Schneider Cyrill     | 73 | Stettlen          |                          | <b>1:01:44</b> | +27:30 | 5:52   | 544     | M50: 23.  |
| 144. | De Bastiani Maurizio | 58 | Langenthal        |                          | <b>1:01:56</b> | +27:42 | 5:53   | 303     | M60: 14.  |
| 145. | Engeloch Remo        | 79 | Liebefeld         |                          | <b>1:02:01</b> | +27:47 | 5:54   | 314     | M40: 40.  |
| 146. | Blindenbacher Thomas | 78 | Bern              |                          | <b>1:02:02</b> | +27:48 | 5:54   | 275     | M40: 41.  |
| 147. | Bienz Peter          | 50 | Kehrsatz          |                          | <b>1:02:09</b> | +27:55 | 5:55   | 1122    | M70: 2.   |
| 148. | Nussbaumer Noah      | 98 | Bern              |                          | <b>1:03:09</b> | +28:55 | 6:00   | 475     | M20: 22.  |
| 149. | Zdenek Elias         | 79 | Liebefeld         | Česká škola Bärn         | <b>1:04:01</b> | +29:47 | 6:05   | 621     | M40: 42.  |
| 150. | Rudeck Stefan        | 63 | Bern              | STB running              | <b>1:04:07</b> | +29:53 | 6:06   | 514     | M60: 15.  |

# Steinhölzlilauflauf 2023

résultats

## Overall Hauptlauf Männer

| rang | nom                | an | lieu            | club                 | temps   | écart  | min/km | dossard | catégorie |
|------|--------------------|----|-----------------|----------------------|---------|--------|--------|---------|-----------|
| 151. | Loforti Vincenzo   | 84 | Liebefeld       |                      | 1:04:17 | +30:03 | 6:07   | 443     | M30: 39.  |
| 152. | Weissmüller Peter  | 77 | Oey             |                      | 1:05:30 | +31:16 | 6:14   | 606     | M40: 43.  |
| 153. | von Gunten Hans    | 44 | Thun            | Lauftreff Thun       | 1:05:48 | +31:34 | 6:15   | 598     | M70: 3.   |
| 154. | Bächler Günther    | 53 | Liebefeld       |                      | 1:05:55 | +31:41 | 6:16   | 1001    | M70: 4.   |
| 155. | Kuncke Stefan      | 67 | Münsingen       | Laufteam Münsingen   | 1:06:06 | +31:52 | 6:17   | 422     | M50: 24.  |
| 156. | Tonini Axel        | 74 | Bern            |                      | 1:06:11 | +31:57 | 6:18   | 588     | M40: 44.  |
| 157. | Kiener Sam         | 49 | Kaufdorf        | All Blacks Thun      | 1:06:13 | +31:59 | 6:18   | 407     | M70: 5.   |
| 158. | Ambrosi Josua      | 72 | Schlosswil      | STB B                | 1:06:49 | +32:35 | 6:21   | 238     | M50: 25.  |
| 159. | Klippl Gerald      | 63 | Thörishaus      |                      | 1:07:03 | +32:49 | 6:23   | 1124    | M60: 16.  |
| 160. | Schaffer Christoph | 84 | Stettlen        |                      | 1:07:04 | +32:50 | 6:23   | 523     | M30: 40.  |
| 161. | Villars Laurent    | 74 | Grenchen        | TV Grenchen          | 1:07:08 | +32:54 | 6:23   | 593     | M40: 45.  |
| 162. | Krebs Thomas       | 69 | Pohlern         |                      | 1:08:42 | +34:28 | 6:32   | 419     | M50: 26.  |
| 163. | Rickli Eric        | 62 | Ville           |                      | 1:10:02 | +35:48 | 6:40   | 509     | M60: 17.  |
| 164. | Martens Christian  | 85 | Gwatt (Thun)    | swiss-german-club.ch | 1:11:08 | +36:54 | 6:46   | 119     | M30: 41.  |
| 165. | Heimo Raphael      | 80 | Münsingen       | arcowo RUNNERS       | 1:11:46 | +37:32 | 6:50   | 372     | M40: 46.  |
| 166. | Weber Tim-Joel     | 01 | Lohn-Ammannsegg |                      | 1:14:07 | +39:53 | 7:03   | 604     | M20: 23.  |
| 167. | Sipeki David       | 95 | Bern            |                      | 1:16:32 | +42:18 | 7:17   | 569     | M20: 24.  |
| 168. | Schütz Reinhart    | 69 | Rothenthurm     | LC Uster             | 1:33:09 | +58:55 | 8:52   | 559     | M50: 27.  |

### Runde 1

|      |                |    |        |  |       |        |      |      |          |
|------|----------------|----|--------|--|-------|--------|------|------|----------|
| 169. | Gabler Mathias | 73 | Zürich |  | 26:08 | +14:44 | 7:27 | 1121 | M50: 28. |
|------|----------------|----|--------|--|-------|--------|------|------|----------|

### DNS

|                     |    |               |                      |     |      |
|---------------------|----|---------------|----------------------|-----|------|
| Burkhardt Nicolas   | 68 | Bern          | Mutante Wireless     | 105 | M50  |
| Ledermann Claudio   | 94 | Winterthur    | www.rad-werk.ch      | 115 | M20  |
| Schuler Steffen     | 73 | Bern          | Mutante Wireless     | 127 | M50  |
| Ribeiro Albino      | 68 | Thun          | Lauftreff Thun       | 234 | M50  |
| Andrey Thomas       | 73 | Plasselb      | smrun                | 240 | M50  |
| Baumann Stefan      | 79 | Bern          | TV Zollikofen        | 257 | M40  |
| Bill Walter         | 58 | Ueberstorf    |                      | 271 | M60  |
| Bischof Gregor      | 71 | Berikon       | BSC Wohlen           | 273 | M50  |
| Bolliger Cyrill     | 89 | Bern          |                      | 278 | M30  |
| Bourdois Alexy      | 06 | Biel/Bienne   |                      | 280 | JugA |
| Bouvard Röschu      | 66 | Liebefeld     |                      | 282 | M50  |
| Brockhoff Pascal    | 81 | Glis          |                      | 285 | M40  |
| Eichenberger Patrik | 75 | Bern          |                      | 312 | M40  |
| Fischer Christian   | 73 | Aarberg       | LCA Bärn             | 322 | M50  |
| Friedli Thomas Karl | 67 | Belp          |                      | 334 | M50  |
| Furini Daniele      | 66 | Locarno       | SPLocarnese          | 337 | M50  |
| Ganz David          | 87 | Bern          | Obstberger Rennbr... | 340 | M30  |
| Graf Michael        | 81 | Steffisburg   |                      | 353 | M40  |
| Hostettler Thomas   | 75 | Ostermundigen |                      | 386 | M40  |
| Kocher André        | 71 | Dieterswil    |                      | 412 | M50  |
| Kocher Laurin       | 05 | Dieterswil    | OLG Bern             | 414 | JugA |
| Lehmann Michael     | 91 | Bern          |                      | 435 | M30  |
| Mahler Silvan       | 84 | Wünnewil      | msfg                 | 451 | M30  |
| Mühlemann Ramon     | 96 | Steffisburg   |                      | 469 | M20  |
| Müller Dominik      | 69 | Bern          | Team Leyiani         | 471 | M50  |
| Nyffenegger Lorenz  | 63 | Burgdorf      |                      | 476 | M60  |
| Pellejero Angel     | 61 | Thun          |                      | 486 | M60  |

# Steinhölzlilauflauf 2023

résultats

## Overall Hauptlauf Männer

| rang | nom              | an | lieu                     | club           | temps | écart | min/km | dossard | catégorie |
|------|------------------|----|--------------------------|----------------|-------|-------|--------|---------|-----------|
| DNS  |                  |    |                          |                |       |       |        |         |           |
|      | Porfido Janick   | 88 | Fraubrunnen              |                |       |       |        | 494     | M30       |
|      | Rutschi Oliver   | 83 | Liebefeld                | hardworkers    |       |       |        | 516     | M40       |
|      | Schouten Marek   | 03 | Berikon                  | BSC Wohlen     |       |       |        | 555     | M20       |
|      | Schranz Fred     | 59 | Bäriswil                 | LSV Uetendorf  |       |       |        | 556     | M60       |
|      | Senften Ralph    | 63 | Zollikofen               |                |       |       |        | 564     | M60       |
|      | Voegelin Adrian  | 76 | Bremgarten b. Bern, B... |                |       |       |        | 594     | M40       |
|      | Von Allmen Simon | 79 | Bern                     |                |       |       |        | 596     | M40       |
|      | Wacher Tim       | 84 | Langnau i. E.            |                |       |       |        | 603     | M30       |
|      | Winkler Thomas   | 73 | Spiegel b. Bern          |                |       |       |        | 611     | M50       |
|      | Wissenburg Iwan  | 74 | Belp                     |                |       |       |        | 612     | M40       |
|      | Wüthrich Thomas  | 61 | Oberdiessbach            | Lauftreff Thun |       |       |        | 614     | M60       |
|      | Mahder Yonas     | 85 | Kehrsatz                 |                |       |       |        | 615     | M30       |
|      | Zryd Yannick     | 91 | Bern                     |                |       |       |        | 628     | M30       |
|      | Bonfils Nicolas  | 76 | Bern                     |                |       |       |        | 1107    | M40       |
|      | Tschan David     | 75 | Bern                     |                |       |       |        | 1116    | M40       |
|      | Repond Maurice   | 48 | Thun                     |                |       |       |        | 1120    | M70       |

#212 participants