

# Steinhölzlilauflauf 2018

results

## Hauptlauf Männer 40

| rank | lastname      | firstname  | yob | city               | club                               | time         | diff   | min/km | racenu | Startrunde | Runde1 | Runde2 | Runde3 | overall |
|------|---------------|------------|-----|--------------------|------------------------------------|--------------|--------|--------|--------|------------|--------|--------|--------|---------|
| 1.   | Kiptoo        | Mark       | 76  | Eldoret/Kenia      | Kenia Defence Forces (KDF)         | <b>32:36</b> |        | 3:15   | 4      | 1:11       | 10:46  | 10:23  | 10:14  | 1.      |
| 2.   | Wicki         | Peter      | 76  | Bern               | SISU                               | <b>37:35</b> | +4:59  | 3:45   | 1236   | 1:18       | 11:56  | 12:13  | 12:07  | 11.     |
| 3.   | Roulier       | Gilbert    | 72  | Oberthal           | ol norska                          | <b>38:44</b> | +6:08  | 3:52   | 525    | 1:22       | 12:17  | 12:33  | 12:31  | 15.     |
| 4.   | Kellerhals    | Thomas     | 74  | Bern               |                                    | <b>39:26</b> | +6:49  | 3:56   | 1040   | 1:22       | 12:36  | 12:46  | 12:41  | 22.     |
| 5.   | Iseli         | Lukas      | 78  | Bern               | TnT Racing Team                    | <b>39:26</b> | +6:50  | 3:56   | 1036   | 1:27       | 12:28  | 12:44  | 12:47  | 24.     |
| 6.   | Gafner        | Lukas      | 75  | Homberg b. Thun    |                                    | <b>39:31</b> | +6:55  | 3:57   | 1247   | 1:28       | 12:30  | 12:45  | 12:48  | 25.     |
| 7.   | Krähemann     | Andreas    | 76  | Konolfingen        | STB                                | <b>39:37</b> | +7:01  | 3:57   | 369    | 1:26       | 12:23  | 12:50  | 12:57  | 27.     |
| 8.   | Gerber        | Roger      | 70  | Biberist           | Team EmmenLauf                     | <b>41:24</b> | +8:48  | 4:08   | 264    | 1:22       | 12:48  | 13:35  | 13:38  | 36.     |
| 8.   | Oesterling    | Nils       | 71  | Gümligen           | LG Gerbersport                     | <b>41:24</b> | +8:48  | 4:08   | 485    | 1:34       | 13:09  | 13:17  | 13:22  | 36.     |
| 10.  | Fischer       | Georg      | 69  | Bern               | LG Gerbersport                     | <b>41:58</b> | +9:22  | 4:11   | 237    | 1:28       | 13:13  | 13:36  | 13:40  | 41.     |
| 11.  | de Roche      | Rafael     | 76  | Steffisburg        |                                    | <b>42:22</b> | +9:46  | 4:14   | 197    | 1:22       | 12:44  | 14:09  | 14:05  | 46.     |
| 12.  | Heutschi      | Remo       | 75  | Lüterkofen-Ichert  |                                    | <b>42:37</b> | +10:01 | 4:15   | 1148   | 1:28       | 13:12  | 13:55  | 14:00  | 49.     |
| 13.  | Alig-Jacobson | Danny      | 72  | Bern               | Bern Hash House Harriers           | <b>42:42</b> | +10:06 | 4:16   | 1233   | 1:29       | 13:23  | 13:54  | 13:55  | 52.     |
| 14.  | Tanner        | Reto       | 72  | Liebefeld          | NSC Gantrisch                      | <b>42:46</b> | +10:10 | 4:16   | 1153   | 1:33       | 13:23  | 13:53  | 13:55  | 53.     |
| 15.  | Pipe          | Distel     | 73  | Einigen            | distelpipe.ch                      | <b>43:09</b> | +10:33 | 4:18   | 1055   | 1:34       | 13:50  | 13:56  | 13:47  | 57.     |
| 16.  | Fischer       | Erich      | 78  | Spiegel b. Bern    |                                    | <b>43:17</b> | +10:41 | 4:19   | 236    | 1:34       | 13:39  | 13:54  | 14:09  | 58.     |
| 17.  | Sieber        | Daniel     | 76  | Scharnachtal       | Lauftreff Spiez                    | <b>43:59</b> | +11:23 | 4:23   | 1070   | 1:30       | 13:47  | 14:20  | 14:21  | 61.     |
| 18.  | Agga          | Brahim     | 75  | Wangen an der Aare |                                    | <b>44:29</b> | +11:53 | 4:26   | 1225   | 1:35       | 13:50  | 14:24  | 14:38  | 67.     |
| 19.  | Kübli         | Ulrich     | 74  | Ostermundigen      |                                    | <b>45:02</b> | +12:26 | 4:30   | 1203   | 1:39       | 14:22  | 14:28  | 14:32  | 72.     |
| 20.  | Barth         | Stefan     | 77  | Gasel              |                                    | <b>45:20</b> | +12:44 | 4:32   | 1141   | 1:36       | 14:38  | 14:51  | 14:14  | 75.     |
| 21.  | Angehrn       | Marcel     | 77  | St. Gallen         |                                    | <b>45:29</b> | +12:53 | 4:32   | 1096   | 1:38       | 14:17  | 14:52  | 14:41  | 79.     |
| 22.  | Steffen       | Edi        | 73  | Lengnau BE         | Free Runners Grenchen/ Laufträf... | <b>46:34</b> | +13:58 | 4:39   | 617    | 1:37       | 14:48  | 15:16  | 14:52  | 84.     |
| 23.  | Trotta        | Sergio     | 76  | Neuenkirch         | LR Mosnang/smrün                   | <b>46:36</b> | +13:59 | 4:39   | 653    | 1:35       | 14:30  | 15:04  | 15:24  | 85.     |
| 24.  | Gertsch       | Marcel     | 78  | Wengen             | OK Abendlauf Wengen                | <b>46:39</b> | +14:02 | 4:39   | 266    | 1:35       | 14:25  | 15:07  | 15:31  | 86.     |
| 25.  | Burger        | Simon      | 70  | Münsingen          |                                    | <b>47:02</b> | +14:26 | 4:42   | 1024   | 1:57       | 15:22  | 15:01  | 14:41  | 93.     |
| 26.  | Moser         | Martin     | 74  | Liebefeld          |                                    | <b>47:43</b> | +15:07 | 4:46   | 454    | 1:41       | 14:56  | 15:10  | 15:55  | 100.    |
| 27.  | Rucci         | Urs        | 77  | Aarau              | I tue ou chli äleini               | <b>47:45</b> | +15:09 | 4:46   | 1062   | 1:49       | 14:51  | 15:44  | 15:20  | 101.    |
| 28.  | Karajiannis   | Alexandros | 69  | Köniz              |                                    | <b>47:56</b> | +15:20 | 4:47   | 347    | 1:33       | 14:47  | 15:41  | 15:54  | 102.    |
| 29.  | Zbinden       | Ueli       | 71  | Schwarzenburg      | UHU Rüschegg                       | <b>48:02</b> | +15:26 | 4:48   | 720    | 1:47       | 15:14  | 15:31  | 15:28  | 105.    |
| 30.  | Capponi       | Norman     | 70  | Adliswil           |                                    | <b>48:08</b> | +15:32 | 4:48   | 179    | 1:40       | 15:06  | 15:43  | 15:38  | 106.    |

# Steinhölzlilauflauf 2018

results

## Hauptlauf Männer 40

| rank | lastname          | firstname | yob | city               | club                    | time           | diff   | min/km | racenu | Startrunde | Runde1 | Runde2 | Runde3 | overall |
|------|-------------------|-----------|-----|--------------------|-------------------------|----------------|--------|--------|--------|------------|--------|--------|--------|---------|
| 31.  | Obrecht           | Matthias  | 76  | Liebefeld          |                         | <b>48:09</b>   | +15:33 | 4:48   | 481    | 1:58       | 15:39  | 15:34  | 14:58  | 107.    |
| 32.  | Schmutz           | Martin    | 75  | Burgdorf           |                         | <b>48:25</b>   | +15:48 | 4:50   | 577    | 1:50       | 14:56  | 15:37  | 16:00  | 109.    |
| 33.  | Conconi           | Jonathan  | 74  | Bern               | Podisti Momò            | <b>48:27</b>   | +15:51 | 4:50   | 189    | 1:48       | 15:08  | 15:43  | 15:47  | 111.    |
| 34.  | Häusler           | Orvil     | 76  | Bern               |                         | <b>48:43</b>   | +16:07 | 4:52   | 1035   | 1:45       | 15:13  | 15:44  | 15:58  | 114.    |
| 35.  | Böhm              | Markus    | 77  | Liebefeld          |                         | <b>48:47</b>   | +16:11 | 4:52   | 155    | 1:39       | 15:13  | 15:50  | 16:03  | 115.    |
| 36.  | Vallotton         | Philippe  | 75  | Wabern             |                         | <b>48:55</b>   | +16:19 | 4:53   | 664    | 1:49       | 15:40  | 15:42  | 15:43  | 117.    |
| 37.  | Schäkel           | Pascal    | 76  | Lützelflüh         | TV Lützelflüh Athletics | <b>49:12</b>   | +16:36 | 4:55   | 548    | 1:49       | 15:26  | 15:59  | 15:57  | 121.    |
| 38.  | Volery            | Sacha     | 78  | Kleingurmels       |                         | <b>49:22</b>   | +16:46 | 4:56   | 1145   | 1:53       | 15:45  | 15:51  | 15:52  | 122.    |
| 39.  | Werder            | Cornel    | 70  | Lätti              |                         | <b>49:32</b>   | +16:56 | 4:57   | 688    | 1:46       | 15:35  | 16:08  | 16:02  | 124.    |
| 40.  | Funk              | Michael   | 71  | Bern               |                         | <b>50:14</b>   | +17:38 | 5:01   | 253    | 1:55       | 16:13  | 16:08  | 15:57  | 132.    |
| 41.  | Bernasconi        | Mirco     | 70  | Spiegel b. Bern    |                         | <b>50:41</b>   | +18:05 | 5:04   | 145    | 1:52       | 16:06  | 16:37  | 16:04  | 133.    |
| 42.  | Lutz              | Juan      | 76  | Kehrsatz           |                         | <b>51:30</b>   | +18:54 | 5:09   | 405    | 1:51       | 16:20  | 16:36  | 16:42  | 139.    |
| 43.  | Bronz             | Manuel    | 78  | Tenero             |                         | <b>52:02</b>   | +19:26 | 5:12   | 1022   | 1:59       | 16:22  | 16:50  | 16:49  | 144.    |
| 44.  | Märki             | Lars      | 77  | Krauchthal         |                         | <b>52:25</b>   | +19:49 | 5:14   | 412    | 1:52       | 16:54  | 16:50  | 16:48  | 151.    |
| 45.  | Lyhme             | Lars      | 77  | Liebefeld          |                         | <b>52:43</b>   | +20:07 | 5:16   | 407    | 2:04       | 17:52  | 16:42  | 16:04  | 153.    |
| 46.  | Winklehner        | Thomas    | 74  | Bremgarten b. Bern | Wolverine               | <b>52:49</b>   | +20:13 | 5:16   | 1083   | 1:51       | 16:53  | 17:19  | 16:44  | 154.    |
| 47.  | Eichenberger      | Patrik    | 75  | Bern               |                         | <b>53:49</b>   | +21:13 | 5:22   | 217    | 1:59       | 16:40  | 17:20  | 17:48  | 164.    |
| 48.  | Klötgen           | Willy     | 75  | Liebefeld          | FC Matilda              | <b>54:09</b>   | +21:33 | 5:24   | 362    | 1:53       | 16:46  | 17:39  | 17:51  | 166.    |
| 49.  | Bernasconi        | Albano    | 72  | Bern               | Cyclists-Club Bern      | <b>54:44</b>   | +22:08 | 5:28   | 142    | 2:03       | 17:15  | 17:48  | 17:37  | 167.    |
| 50.  | Gysi von Wartburg | Reto      | 72  | Bern               |                         | <b>56:10</b>   | +23:33 | 5:37   | 286    | 2:03       | 18:04  | 18:06  | 17:56  | 179.    |
| 51.  | Siegrist          | Fabian    | 75  | Suhr               |                         | <b>56:23</b>   | +23:47 | 5:38   | 1134   | 2:02       | 17:16  | 18:43  | 18:21  | 180.    |
| 52.  | Kundert           | Marc      | 69  | Steffisburg        |                         | <b>57:19</b>   | +24:43 | 5:43   | 1007   | 2:04       | 18:01  | 18:32  | 18:41  | 186.    |
| 53.  | Streit            | Peter     | 75  | Ostermundigen      | Bärner Chiubigigle      | <b>58:24</b>   | +25:48 | 5:50   | 1234   | 2:03       | 18:09  | 18:41  | 19:30  | 195.    |
| 54.  | Gabler            | Mathias   | 73  | Zürich             |                         | <b>1:01:55</b> | +29:19 | 6:11   | 256    | 2:05       | 19:31  | 20:00  | 20:19  | 206.    |

## DNS

|                     |    |             |                     |     |  |  |
|---------------------|----|-------------|---------------------|-----|--|--|
| Bläsi Siegfried     | 70 | Unterseen   |                     | 154 |  |  |
| Haller Marc         | 72 | Sutz        |                     | 289 |  |  |
| Roche Alvarez Dante | 71 | Steffisburg |                     | 520 |  |  |
| Sekinger Bruno      | 78 | Zufikon     | LR - Wohlen / SMRUN | 593 |  |  |

# Steinhölzlilaufl 2018

results

## Hauptlauf Männer 40

| rank             | lastname | firstname | yob | city | club | time | diff | min/km | racenu | Startrunde | Runde1 | Runde2 | Runde3 | overall |
|------------------|----------|-----------|-----|------|------|------|------|--------|--------|------------|--------|--------|--------|---------|
| #58 participants |          |           |     |      |      |      |      |        |        |            |        |        |        |         |