

# 33. Schweizer Frauenlauf Bern 2019

## résultats

### 10km Running Frauen W30

| rang | nom et prénom           | an | lieu           | club                  | temps        | écart  | min/km | dossard | overall |
|------|-------------------------|----|----------------|-----------------------|--------------|--------|--------|---------|---------|
| 1.   | Egger Nicole            | 85 | Langenthal     | LV Langenthal         | <b>36:06</b> |        | 3:36   | 101     | 1.      |
| 2.   | Leutert Astrid          | 87 | Bern           | All Blacks Thun       | <b>37:44</b> | +1:38  | 3:46   | 119     | 2.      |
| 3.   | Miglar Lina             | 88 | Wallisellen    | TG Hütten             | <b>38:29</b> | +2:23  | 3:50   | 1221    | 5.      |
| 4.   | Gubler Lisa             | 87 | Uster          | LC Uster              | <b>40:36</b> | +4:30  | 4:03   | 111     | 14.     |
| 5.   | Joux-Di Certo Justine   | 87 | Semsales       |                       | <b>40:53</b> | +4:47  | 4:05   | 1200    | 15.     |
| 6.   | Isaline Bonnemain       | 89 | Rossemaison    | Boldair               | <b>41:03</b> | +4:57  | 4:06   | 2167    | 16.     |
| 7.   | Marty Melina            | 88 | Bürglen UR     |                       | <b>41:47</b> | +5:41  | 4:10   | 1094    | 24.     |
| 8.   | Bucher Tabitha          | 86 | Wabern         |                       | <b>42:34</b> | +6:28  | 4:15   | 1181    | 32.     |
| 9.   | Heer Jennifer           | 86 | Zürich         |                       | <b>43:36</b> | +7:30  | 4:21   | 1059    | 48.     |
| 10.  | Zimmermann Camille      | 85 | Aetigkofen     |                       | <b>44:07</b> | +8:01  | 4:24   | 1169    | 60.     |
| 11.  | Bützberger-Grimm Marion | 86 | Meilen         | LC Meilen             | <b>44:26</b> | +8:20  | 4:26   | 1029    | 66.     |
| 12.  | Amstutz Melanie         | 87 | Hindelbank     | Bewegung Plus         | <b>45:31</b> | +9:25  | 4:33   | 1173    | 95.     |
| 13.  | Barras Valentine        | 87 | Sion           |                       | <b>45:33</b> | +9:27  | 4:33   | 2005    | 99.     |
| 14.  | Ruetsch Andrea          | 85 | Zürich         |                       | <b>45:43</b> | +9:37  | 4:34   | 2111    | 107.    |
| 15.  | Castella Isabelle       | 88 | Sion           |                       | <b>46:02</b> | +9:56  | 4:36   | 2020    | 120.    |
| 16.  | Schär Priska            | 88 | Forch          |                       | <b>46:07</b> | +10:01 | 4:36   | 1234    | 122.    |
| 17.  | Kiekopf Regina          | 86 | Ellwangen      | FC Bellamont          | <b>46:24</b> | +10:18 | 4:38   | 2172    | 136.    |
| 18.  | Wüthrich Sarah          | 88 | Niederönz      |                       | <b>47:21</b> | +11:15 | 4:44   | 1165    | 169.    |
| 19.  | Delpouve Mélanie        | 85 | Bulle          |                       | <b>47:49</b> | +11:43 | 4:46   | 2152    | 192.    |
| 20.  | Mathys Andrea           | 88 | Jegenstorf     |                       | <b>48:02</b> | +11:56 | 4:48   | 2211    | 207.    |
| 21.  | Balsiger Andrea         | 85 | Uetendorf      | Laufträff Büren a.A.  | <b>48:16</b> | +12:10 | 4:49   | 3012    | 215.    |
| 22.  | Gasser Nadine           | 87 | Ortschwaben    | keiner                | <b>48:20</b> | +12:14 | 4:50   | 5240    | 219.    |
| 23.  | Haan Marie-Laure        | 86 | Bern           |                       | <b>48:20</b> | +12:14 | 4:50   | 1192    | 220.    |
| 24.  | Krähenbühl Sabine       | 89 | Aeschi SO      | LV Langenthal         | <b>48:35</b> | +12:29 | 4:51   | 1205    | 238.    |
| 25.  | Waldspurger Marina      | 89 | Bern           |                       | <b>48:48</b> | +12:42 | 4:52   | 2204    | 261.    |
| 26.  | Allenbach Denise        | 88 | Adelboden      | SRS Pro Sportler      | <b>48:54</b> | +12:48 | 4:53   | 1171    | 268.    |
| 27.  | Heim Flurina            | 89 | Winterthur     | LC Zürich Doppelstock | <b>48:59</b> | +12:53 | 4:53   | 1061    | 272.    |
| 28.  | Hess Stephanie          | 88 | Allschwil      |                       | <b>49:02</b> | +12:56 | 4:54   | 3256    | 276.    |
| 29.  | Sievi Rahel             | 86 | Köniz          |                       | <b>49:05</b> | +12:59 | 4:54   | 2125    | 281.    |
| 30.  | Ryffel Corinne          | 89 | Winterthur     |                       | <b>49:16</b> | +13:10 | 4:55   | 9117    | 293.    |
| 31.  | Diez Andrea             | 88 | Thun           |                       | <b>49:25</b> | +13:19 | 4:56   | 3040    | 302.    |
| 32.  | Richner Stephanie       | 86 | Heimberg       |                       | <b>49:26</b> | +13:20 | 4:56   | 3319    | 305.    |
| 33.  | Hegglin Astrid          | 87 | Zug            |                       | <b>49:28</b> | +13:22 | 4:56   | 3002    | 310.    |
| 34.  | Rohrbach Marina         | 88 | Bern           |                       | <b>49:30</b> | +13:24 | 4:57   | 1229    | 314.    |
| 35.  | Hofer Daniela           | 86 | Bärau          |                       | <b>49:38</b> | +13:32 | 4:57   | 1062    | 325.    |
| 36.  | Schellenberg Sabrina    | 88 | Bern           |                       | <b>49:38</b> | +13:32 | 4:57   | 1236    | 329.    |
| 37.  | Kappeler Krista         | 85 | Bern           |                       | <b>49:40</b> | +13:34 | 4:58   | 3262    | 333.    |
| 38.  | Isler Steffi            | 89 | Wängi          | finishers Winterthur  | <b>49:47</b> | +13:41 | 4:58   | 3091    | 340.    |
| 39.  | Leutert Simone          | 85 | Thalwil        | TV Unterstrass        | <b>49:50</b> | +13:44 | 4:59   | 1263    | 345.    |
| 40.  | Koch Tamara             | 85 | Hinterkappelen | Laufgruppe Wohlensee  | <b>49:51</b> | +13:45 | 4:59   | 2173    | 348.    |
| 41.  | Stüssi Cornelia         | 88 | Pfeffikon LU   |                       | <b>49:54</b> | +13:48 | 4:59   | 4160    | 352.    |
| 42.  | Rehnelt Fabienne        | 89 | Zürich         |                       | <b>49:56</b> | +13:50 | 4:59   | 2212    | 354.    |
| 43.  | Brodard Corinne         | 87 | Fribourg       |                       | <b>50:02</b> | +13:56 | 5:00   | 1179    | 362.    |
| 44.  | Thomann Alessandra      | 89 | Baden          |                       | <b>50:10</b> | +14:04 | 5:01   | 5339    | 374.    |
| 45.  | Esposito Tamara         | 89 | Bützberg       |                       | <b>50:12</b> | +14:06 | 5:01   | 3245    | 380.    |
| 46.  | Aeschlimann Jasmin      | 86 | Münsingen      |                       | <b>50:13</b> | +14:07 | 5:01   | 2141    | 384.    |
| 47.  | Fassbind Sandra         | 85 | Flums          |                       | <b>50:15</b> | +14:09 | 5:01   | 2031    | 386.    |
| 48.  | Lemann Anna             | 88 | Bern           |                       | <b>50:15</b> | +14:09 | 5:01   | 2177    | 387.    |
| 49.  | Crot Stéphanie          | 89 | Courroux       |                       | <b>50:29</b> | +14:23 | 5:02   | 2022    | 408.    |
| 50.  | Beer Cornelia           | 85 | Zollbrück      |                       | <b>50:31</b> | +14:25 | 5:03   | 69025   | 412.    |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom         | an | lieu            | club                 | temps        | écart  | min/km | dossard | overall |
|------|-----------------------|----|-----------------|----------------------|--------------|--------|--------|---------|---------|
| 51.  | Münch Patricia        | 88 | Wil SG          | LSC Wil              | <b>50:34</b> | +14:28 | 5:03   | 1109    | 417.    |
| 52.  | Gutzwiller Annina     | 85 | Winterthur      | Frau                 | <b>50:38</b> | +14:32 | 5:03   | 5065    | 422.    |
| 53.  | Stalder Anita         | 86 | Bern            | STB                  | <b>50:38</b> | +14:32 | 5:03   | 3185    | 423.    |
| 54.  | Volpi Marie-France    | 87 | Münchenbuchsee  |                      | <b>50:48</b> | +14:42 | 5:04   | 3209    | 438.    |
| 55.  | Saager Michelle       | 88 | Biel/Bienne     |                      | <b>50:49</b> | +14:43 | 5:04   | 2113    | 440.    |
| 56.  | Amsler Eri            | 86 | Aarau           |                      | <b>50:53</b> | +14:47 | 5:05   | 1172    | 442.    |
| 57.  | Gafner Kathrin        | 87 | Hinteregg       |                      | <b>50:59</b> | +14:53 | 5:05   | 5054    | 453.    |
| 58.  | Risch Anja            | 87 | Bern            |                      | <b>51:00</b> | +14:54 | 5:06   | 4127    | 454.    |
| 59.  | Grossenbacher Barbara | 85 | Schönbühl       |                      | <b>51:06</b> | +15:00 | 5:06   | 10062   | 470.    |
| 60.  | Pauchard Nadine       | 86 | Bern            | AC Murten            | <b>51:12</b> | +15:06 | 5:07   | 3284    | 482.    |
| 61.  | Haslebacher Claudia   | 88 | Bern            |                      | <b>51:12</b> | +15:06 | 5:07   | 69110   | 483.    |
| 62.  | Zumsteg Patricia      | 89 | Wil AG          |                      | <b>51:13</b> | +15:07 | 5:07   | 2139    | 486.    |
| 63.  | Steck Nicole          | 86 | Gächliwil       |                      | <b>51:17</b> | +15:11 | 5:07   | 3188    | 490.    |
| 64.  | Gantenbein Maya       | 88 | Klingnau        |                      | <b>51:24</b> | +15:18 | 5:08   | 3249    | 502.    |
| 65.  | Ruhstaller Marylin    | 87 | Langenthal      |                      | <b>51:33</b> | +15:27 | 5:09   | 4132    | 515.    |
| 66.  | Ryf Daniela           | 89 | Liebefeld       |                      | <b>51:41</b> | +15:35 | 5:10   | 4135    | 529.    |
| 67.  | Stauffer Sonja        | 86 | Muntelier       |                      | <b>51:51</b> | +15:45 | 5:11   | 3186    | 542.    |
| 68.  | Hoxha Sophie          | 86 | Tramelan        | ZOÉ4LIFE             | <b>51:55</b> | +15:49 | 5:11   | 2165    | 549.    |
| 69.  | Bereket Salem         | 88 | Niederwangen BE |                      | <b>51:56</b> | +15:50 | 5:11   | 3232    | 553.    |
| 70.  | Zbinden Céline        | 85 | Bern            |                      | <b>51:59</b> | +15:53 | 5:11   | 4181    | 558.    |
| 71.  | Bleuer Caroline       | 88 | Interlaken      |                      | <b>52:01</b> | +15:55 | 5:12   | 5208    | 560.    |
| 72.  | Graf-Kaiser Michèle   | 86 | Bern            |                      | <b>52:02</b> | +15:56 | 5:12   | 3066    | 563.    |
| 73.  | Duvoisin Isabelle     | 89 | Echallens       | Zoé4life             | <b>52:03</b> | +15:57 | 5:12   | 3244    | 565.    |
| 74.  | Genné Nicole          | 86 | Büetigen        |                      | <b>52:07</b> | +16:01 | 5:12   | 5242    | 569.    |
| 75.  | Kamber Rahel          | 87 | Strengelbach    |                      | <b>52:17</b> | +16:11 | 5:13   | 3099    | 589.    |
| 76.  | Tschirren Chantal     | 88 | Gerzensee       |                      | <b>52:17</b> | +16:11 | 5:13   | 2129    | 591.    |
| 77.  | Schlittler Lea        | 88 | Winterthur      |                      | <b>52:33</b> | +16:27 | 5:15   | 2118    | 617.    |
| 78.  | Otero Ana Maria       | 88 | Köniz           |                      | <b>52:38</b> | +16:32 | 5:15   | 4112    | 626.    |
| 79.  | Spindler Elke         | 88 | Zürich          |                      | <b>52:38</b> | +16:32 | 5:15   | 3299    | 629.    |
| 80.  | Kummer Mirjam         | 85 | Bern            |                      | <b>52:39</b> | +16:33 | 5:15   | 3111    | 633.    |
| 81.  | Hintermann Maria      | 89 | Solothurn       | Turnverein Rüttenen  | <b>52:42</b> | +16:36 | 5:16   | 3257    | 643.    |
| 82.  | Rivero Susana         | 86 | Bern            |                      | <b>52:42</b> | +16:36 | 5:16   | 7234    | 644.    |
| 83.  | Nappez Isabelle       | 88 | Lausanne        |                      | <b>52:48</b> | +16:42 | 5:16   | 3317    | 653.    |
| 84.  | Lehner Sabrina        | 86 | Susten          | LSVO / Runningfreaks | <b>52:51</b> | +16:45 | 5:17   | 4086    | 659.    |
| 85.  | Veil Susi             | 88 | Küttigen        |                      | <b>52:56</b> | +16:50 | 5:17   | 3304    | 666.    |
| 86.  | Huguenot Corinne      | 85 | Riaz            | SAB                  | <b>53:00</b> | +16:54 | 5:18   | 3088    | 672.    |
| 87.  | Isler Rahel           | 88 | Zürich          |                      | <b>53:02</b> | +16:56 | 5:18   | 4071    | 674.    |
| 88.  | Laurent Neva          | 87 | Näfels          |                      | <b>53:03</b> | +16:57 | 5:18   | 3271    | 678.    |
| 89.  | Meier Anna            | 85 | Bern            |                      | <b>53:04</b> | +16:58 | 5:18   | 2078    | 680.    |
| 90.  | Marti Laura           | 85 | Bern            |                      | <b>53:17</b> | +17:11 | 5:19   | 7185    | 711.    |
| 91.  | Staeubli Lara         | 89 | Winterthur      |                      | <b>53:27</b> | +17:21 | 5:20   | 4155    | 732.    |
| 92.  | Schneider Sarah       | 89 | Bern            |                      | <b>53:27</b> | +17:21 | 5:20   | 4144    | 733.    |
| 93.  | Lau Tanja             | 85 | Jegenstorf      |                      | <b>53:35</b> | +17:29 | 5:21   | 7167    | 749.    |
| 94.  | Fischli Vreni         | 85 | Montlingen      |                      | <b>53:40</b> | +17:34 | 5:22   | 9029    | 756.    |
| 95.  | Delange Victoria      | 85 | Olten           |                      | <b>53:45</b> | +17:39 | 5:22   | 4033    | 772.    |
| 96.  | Bigler Andrea         | 89 | Bolligen        | runningtrainer.ch    | <b>53:47</b> | +17:41 | 5:22   | 4022    | 775.    |
| 97.  | Schär Karin           | 89 | Bowil           |                      | <b>53:49</b> | +17:43 | 5:22   | 4236    | 784.    |
| 98.  | Feuz Kathrina         | 87 | Bern            |                      | <b>53:49</b> | +17:43 | 5:22   | 2033    | 786.    |
| 99.  | Kammermann Patricia   | 85 | Bern            |                      | <b>53:51</b> | +17:45 | 5:23   | 3100    | 790.    |
| 100. | Ansel Marie           | 87 | Neuchâtel       |                      | <b>53:51</b> | +17:45 | 5:23   | 4188    | 794.    |

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résultats

## 10km Running Frauen W30

| rang | nom et prénom            | an | lieu                 | club                | temps        | écart  | min/km | dossard | overall |
|------|--------------------------|----|----------------------|---------------------|--------------|--------|--------|---------|---------|
| 101. | Solari Yrigoyen Olivia   | 89 | Genève               |                     | <b>53:52</b> | +17:46 | 5:23   | 5326    | 797.    |
| 102. | Steiner Sabine           | 89 | Bern                 |                     | <b>53:54</b> | +17:48 | 5:23   | 4156    | 805.    |
| 103. | Frutiger Michaela        | 88 | Bern                 | Pacemaker           | <b>54:04</b> | +17:58 | 5:24   | 4206    | 836.    |
| 104. | Steinlin Flavia          | 86 | St. Gallen           |                     | <b>54:12</b> | +18:06 | 5:25   | 3189    | 854.    |
| 105. | Tschabold Céline         | 86 | Chavornay            |                     | <b>54:19</b> | +18:13 | 5:25   | 5172    | 873.    |
| 106. | Locatelli Leïla          | 88 | Courcelon            |                     | <b>54:25</b> | +18:19 | 5:26   | 5272    | 888.    |
| 107. | von Niederhäusern Evelyn | 87 | Frutigen             |                     | <b>54:29</b> | +18:23 | 5:26   | 9139    | 894.    |
| 108. | Stettler Brigitte        | 86 | Aeschi SO            |                     | <b>54:30</b> | +18:24 | 5:27   | 8266    | 897.    |
| 109. | Neto Ângela              | 85 | Bern                 |                     | <b>54:31</b> | +18:25 | 5:27   | 4108    | 899.    |
| 110. | Galli Erica              | 88 | Langenthal           |                     | <b>54:32</b> | +18:26 | 5:27   | 6100    | 902.    |
| 111. | Rychener Debbie          | 85 | Innerberg            |                     | <b>54:37</b> | +18:31 | 5:27   | 6247    | 914.    |
| 112. | Zumbrunn Christina       | 87 | Thun                 |                     | <b>54:43</b> | +18:37 | 5:28   | 8306    | 925.    |
| 113. | Tanaka Dina              | 87 |                      |                     | <b>54:46</b> | +18:40 | 5:28   | 7003    | 932.    |
| 114. | Gisler Sybille           | 88 | Altdorf UR           |                     | <b>54:49</b> | +18:43 | 5:28   | 2044    | 939.    |
| 115. | Monney Aude              | 87 | Estavayer-le-Lac     |                     | <b>54:54</b> | +18:48 | 5:29   | 8333    | 953.    |
| 116. | Boppart Judith           | 88 | Zürich               |                     | <b>54:54</b> | +18:48 | 5:29   | 4024    | 954.    |
| 117. | Kemp Esti                | 85 | Basel                | BIS Running Section | <b>54:58</b> | +18:52 | 5:29   | 8188    | 971.    |
| 118. | Furrer Melanie           | 88 | HorgenHorgen         |                     | <b>54:58</b> | +18:52 | 5:29   | 3058    | 975.    |
| 119. | Gisiger Noémie           | 89 | Biel/Bienne          |                     | <b>55:07</b> | +19:01 | 5:30   | 6108    | 996.    |
| 120. | Alder-Gasser Debora      | 85 | Bern                 |                     | <b>55:07</b> | +19:01 | 5:30   | 11007   | 999.    |
| 121. | Jeckelmann Bettina       | 87 | St. Antoni           |                     | <b>55:07</b> | +19:01 | 5:30   | 5258    | 1001.   |
| 122. | Derrien Frédérique       | 88 | Bulle                |                     | <b>55:07</b> | +19:01 | 5:30   | 8149    | 1004.   |
| 123. | Thoma Ramona             | 85 |                      |                     | <b>55:08</b> | +19:02 | 5:30   | 6014    | 1007.   |
| 124. | Fasler Felicia           | 89 | Therwil              |                     | <b>55:13</b> | +19:07 | 5:31   | 69082   | 1017.   |
| 125. | Mosimann Marina          | 85 | Münsingen            |                     | <b>55:20</b> | +19:14 | 5:32   | 6212    | 1036.   |
| 126. | Rindlisbacher Andrea     | 89 | Bern                 |                     | <b>55:22</b> | +19:16 | 5:32   | 5302    | 1041.   |
| 127. | Koller Andrea            | 88 | Niederteufen         |                     | <b>55:24</b> | +19:18 | 5:32   | 10267   | 1046.   |
| 128. | Baumann Helen            | 85 | Bern                 |                     | <b>55:24</b> | +19:18 | 5:32   | 5013    | 1049.   |
| 129. | Hummel Alexandra         | 89 | LiebefeldL           | Medbase             | <b>55:29</b> | +19:23 | 5:32   | 6143    | 1060.   |
| 130. | Hönger Laurie            | 86 | Echallens            |                     | <b>55:30</b> | +19:24 | 5:33   | 6140    | 1065.   |
| 131. | Kernen Ursula            | 89 | Thun                 |                     | <b>55:30</b> | +19:24 | 5:33   | 7347    | 1068.   |
| 132. | Shipman Hannah           | 88 | Männedorf            |                     | <b>55:33</b> | +19:27 | 5:33   | 4243    | 1080.   |
| 133. | Winzeler Annika          | 88 | Bern                 |                     | <b>55:36</b> | +19:30 | 5:33   | 4179    | 1089.   |
| 134. | Blösch Nicole            | 89 | Bern                 |                     | <b>55:37</b> | +19:31 | 5:33   | 5209    | 1090.   |
| 135. | Stegmann Tanja           | 87 | Heiden               |                     | <b>55:42</b> | +19:36 | 5:34   | 7280    | 1105.   |
| 136. | Märki Sarah              | 88 | Windisch             | Flamingo Runners    | <b>55:45</b> | +19:39 | 5:34   | 10104   | 1111.   |
| 137. | Chavez Diana             | 85 | Konolfingen          |                     | <b>55:48</b> | +19:42 | 5:34   | 5032    | 1119.   |
| 138. | Lüthi Doris              | 86 | Walliswil bei Wangen |                     | <b>55:52</b> | +19:46 | 5:35   | 4223    | 1132.   |
| 139. | Marxer Sandy             | 89 | Nussbaumen AG        |                     | <b>55:54</b> | +19:48 | 5:35   | 6197    | 1134.   |
| 140. | Burkhardt Michelle       | 89 | Bern                 |                     | <b>55:56</b> | +19:50 | 5:35   | 6063    | 1142.   |
| 141. | Kalbermatten Rabea       | 89 | Zürich               |                     | <b>56:06</b> | +20:00 | 5:36   | 69075   | 1161.   |
| 142. | Berset Annic             | 88 | Bern                 |                     | <b>56:09</b> | +20:03 | 5:36   | 6036    | 1170.   |
| 143. | Brönnimann Corine        | 88 | Rüegsauschachen      |                     | <b>56:09</b> | +20:03 | 5:36   | 5215    | 1172.   |
| 144. | Jansson Kristina         | 89 | Ostermundigen        |                     | <b>56:12</b> | +20:06 | 5:37   | 6151    | 1184.   |
| 145. | Lötscher Luzia           | 87 | Lenzburg             |                     | <b>56:14</b> | +20:08 | 5:37   | 3121    | 1191.   |
| 146. | Costa Alexandra          | 87 | Bern                 |                     | <b>56:14</b> | +20:08 | 5:37   | 7057    | 1192.   |
| 147. | Costa Vera               | 86 | Sonceboz-Sombeval    |                     | <b>56:17</b> | +20:11 | 5:37   | 6071    | 1199.   |
| 148. | Gysin Monika             | 89 | Willisau             |                     | <b>56:27</b> | +20:21 | 5:38   | 8172    | 1229.   |
| 149. | Lötscher Vanessa         | 87 | Uffikon              |                     | <b>56:27</b> | +20:21 | 5:38   | 5276    | 1231.   |
| 150. | Meyer Sara               | 89 | Bern                 |                     | <b>56:29</b> | +20:23 | 5:38   | 7193    | 1238.   |

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résultats

## 10km Running Frauen W30

| rang | nom et prénom            | an | lieu               | club                  | temps        | écart  | min/km | dossard | overall |
|------|--------------------------|----|--------------------|-----------------------|--------------|--------|--------|---------|---------|
| 151. | Charamanda Irini         | 86 | Derendingen        |                       | <b>56:31</b> | +20:25 | 5:39   | 69015   | 1248.   |
| 152. | Suter Kerstin            | 86 | Zürich             |                       | <b>56:37</b> | +20:31 | 5:39   | 4163    | 1266.   |
| 153. | Ouwehand Laurence        | 87 | Bern               |                       | <b>56:38</b> | +20:32 | 5:39   | 2099    | 1267.   |
| 154. | Jud Denise               | 86 | Rapperswil SG      |                       | <b>56:38</b> | +20:32 | 5:39   | 5089    | 1269.   |
| 155. | Lutz Laura               | 87 | Chur               |                       | <b>56:39</b> | +20:33 | 5:39   | 7180    | 1272.   |
| 156. | Gygi Sandra              | 88 | Bern               |                       | <b>56:40</b> | +20:34 | 5:40   | 7114    | 1275.   |
| 157. | Zegarra Clarissa         | 87 | Oberburg           |                       | <b>56:40</b> | +20:34 | 5:40   | 10340   | 1276.   |
| 158. | Aeschbacher Ruth         | 87 | Bern               |                       | <b>56:45</b> | +20:39 | 5:40   | 5192    | 1290.   |
| 159. | Schmid-Schneider Manu... | 86 | Liebefeld          |                       | <b>56:48</b> | +20:42 | 5:40   | 7253    | 1301.   |
| 160. | Leitzmann Stéphanie      | 85 | Thun               |                       | <b>56:50</b> | +20:44 | 5:41   | 6184    | 1307.   |
| 161. | Oester Laetitia          | 85 | Tramelan           |                       | <b>57:00</b> | +20:54 | 5:42   | 6225    | 1345.   |
| 162. | Zbinden Anna Claudia     | 88 | Niederscherli      |                       | <b>57:04</b> | +20:58 | 5:42   | 5348    | 1354.   |
| 163. | Piezzi Vanja             | 87 | Bern               |                       | <b>57:06</b> | +21:00 | 5:42   | 12131   | 1363.   |
| 164. | Chastonay Sabine         | 89 | Baden              |                       | <b>57:07</b> | +21:01 | 5:42   | 6068    | 1368.   |
| 165. | Bernasconi Michèle       | 88 | Laupen BE          |                       | <b>57:09</b> | +21:03 | 5:42   | 9016    | 1374.   |
| 166. | Salamanca Vanessa        | 87 | Bern               |                       | <b>57:09</b> | +21:03 | 5:42   | 8247    | 1377.   |
| 167. | Walther Sabrina          | 89 | Schüpfen           |                       | <b>57:12</b> | +21:06 | 5:43   | 4176    | 1385.   |
| 168. | Perkins Amy              | 88 | Zürich             |                       | <b>57:15</b> | +21:09 | 5:43   | 5297    | 1396.   |
| 169. | Schlup Züheyla           | 85 | Bellach            | Laufftreff Solothurn  | <b>57:20</b> | +21:14 | 5:44   | 3320    | 1410.   |
| 170. | Chappuis Alice           | 88 | Zürich             |                       | <b>57:30</b> | +21:24 | 5:45   | 6066    | 1430.   |
| 171. | Schneider Stéphanie      | 85 | Bern               |                       | <b>57:35</b> | +21:29 | 5:45   | 6258    | 1442.   |
| 172. | Wegmann Janine           | 85 | Zürich             |                       | <b>57:40</b> | +21:34 | 5:46   | 7321    | 1457.   |
| 173. | Hess Dominique           | 87 | Bern               |                       | <b>57:40</b> | +21:34 | 5:46   | 5253    | 1458.   |
| 174. | Gloor Corinne            | 88 | Zürich             |                       | <b>57:42</b> | +21:36 | 5:46   | 7101    | 1465.   |
| 175. | Seiler Ilona             | 85 | Zürich             |                       | <b>57:42</b> | +21:36 | 5:46   | 4150    | 1466.   |
| 176. | Widmer Giannina          | 85 | Sursee             |                       | <b>57:44</b> | +21:38 | 5:46   | 3219    | 1471.   |
| 177. | Sahli Evelin             | 88 | Bern               |                       | <b>57:45</b> | +21:39 | 5:46   | 5309    | 1475.   |
| 178. | Flüeler Cristina         | 88 | Zürich             |                       | <b>57:51</b> | +21:45 | 5:47   | 3053    | 1494.   |
| 179. | Walter Chantal           | 85 | Mumpf              | Apotheke Schmitten... | <b>57:52</b> | +21:46 | 5:47   | 8111    | 1497.   |
| 180. | Stiehl Jessica           | 87 | Zollikofen         |                       | <b>57:55</b> | +21:49 | 5:47   | 4158    | 1507.   |
| 181. | Eisenhardt Sarah         | 87 | Bern               |                       | <b>57:55</b> | +21:49 | 5:47   | 7080    | 1510.   |
| 182. | Haas Kathy               | 87 | Bern               |                       | <b>57:55</b> | +21:49 | 5:47   | 7115    | 1515.   |
| 183. | Bicker Katrin            | 85 | Chur               |                       | <b>57:56</b> | +21:50 | 5:47   | 8132    | 1518.   |
| 184. | Roth-Bänziger Manuela    | 86 | Herisau            | DTV Speicher          | <b>57:58</b> | +21:52 | 5:47   | 12266   | 1528.   |
| 185. | Roessler Nathalie        | 87 | Zürich             |                       | <b>57:58</b> | +21:52 | 5:47   | 9185    | 1530.   |
| 186. | Erard Natacha            | 85 | La Chaux-de-Fonds  | Neuchaventure         | <b>58:03</b> | +21:57 | 5:48   | 7341    | 1544.   |
| 187. | Eul Maren                | 86 | Bern               |                       | <b>58:04</b> | +21:58 | 5:48   | 7082    | 1549.   |
| 188. | Morerod Valerie          | 88 | Noville            |                       | <b>58:04</b> | +21:58 | 5:48   | 6210    | 1550.   |
| 189. | Hug Corinne              | 89 | Bremgarten b. Bern |                       | <b>58:09</b> | +22:03 | 5:48   | 7138    | 1566.   |
| 190. | Müller Sabine            | 86 | Fribourg           | CA Portugais Fribourg | <b>58:11</b> | +22:05 | 5:49   | 4227    | 1571.   |
| 191. | Schmalz Serena           | 86 | Bern               |                       | <b>58:13</b> | +22:07 | 5:49   | 4295    | 1578.   |
| 192. | Kobelt Barbara           | 89 | Bern               |                       | <b>58:15</b> | +22:09 | 5:49   | 7155    | 1583.   |
| 193. | Blumer Martina           | 88 | Riedern            |                       | <b>58:18</b> | +22:12 | 5:49   | 8012    | 1592.   |
| 194. | Huber Lara               | 87 | Zürich             |                       | <b>58:20</b> | +22:14 | 5:50   | 10077   | 1598.   |
| 195. | Egger Madelaine          | 85 | Murten             |                       | <b>58:20</b> | +22:14 | 5:50   | 5232    | 1599.   |
| 196. | Ostertag Cristina        | 87 | Prilly             |                       | <b>58:20</b> | +22:14 | 5:50   | 6227    | 1600.   |
| 197. | Brugger Marina           | 87 | Menziken           |                       | <b>58:20</b> | +22:14 | 5:50   | 7042    | 1601.   |
| 198. | Bischofberger Silvana    | 88 | Bern               |                       | <b>58:21</b> | +22:15 | 5:50   | 10233   | 1603.   |
| 199. | Noble Sarah              | 85 | Bern               |                       | <b>58:22</b> | +22:16 | 5:50   | 5291    | 1606.   |
| 200. | Schürch Sandra           | 86 | Grosshöchstetten   |                       | <b>58:24</b> | +22:18 | 5:50   | 10335   | 1613.   |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom          | an | lieu             | club              | temps          | écart  | min/km | dossard | overall |
|------|------------------------|----|------------------|-------------------|----------------|--------|--------|---------|---------|
| 201. | Baumann Marion         | 86 | Zürich           |                   | <b>58:25</b>   | +22:19 | 5:50   | 7025    | 1624.   |
| 202. | Fromaigeat Gwenaëlle   | 89 | Belprahon        |                   | <b>58:25</b>   | +22:19 | 5:50   | 12049   | 1626.   |
| 203. | Paris Sandrine         | 87 | Zurich           |                   | <b>58:26</b>   | +22:20 | 5:50   | 9221    | 1629.   |
| 204. | Schärer Aline          | 86 | Oberdiessbach    |                   | <b>58:27</b>   | +22:21 | 5:50   | 8251    | 1633.   |
| 205. | Bühler Miriam          | 87 | Bern             |                   | <b>58:28</b>   | +22:22 | 5:50   | 7046    | 1638.   |
| 206. | Alimetaj Venera        | 85 | Martigny         |                   | <b>58:29</b>   | +22:23 | 5:50   | 7010    | 1639.   |
| 207. | Fromer Anna-Lynn       | 89 | Bern             |                   | <b>58:32</b>   | +22:26 | 5:51   | 69014   | 1657.   |
| 208. | da Silva Julieth       | 89 | Bern             |                   | <b>58:34</b>   | +22:28 | 5:51   | 7061    | 1666.   |
| 209. | Ziemiecki Julie        | 86 | Bern             |                   | <b>58:36</b>   | +22:30 | 5:51   | 6351    | 1671.   |
| 210. | Röthlisberger Stefanie | 89 | Bern             |                   | <b>58:42</b>   | +22:36 | 5:52   | 10147   | 1702.   |
| 211. | Bunsuz Esmeray         | 86 | Bern             |                   | <b>58:48</b>   | +22:42 | 5:52   | 9157    | 1715.   |
| 212. | Oehler Caroline        | 88 | Zurich           |                   | <b>58:49</b>   | +22:43 | 5:52   | 7210    | 1718.   |
| 213. | Zimmermann Raya        | 85 | Bern             |                   | <b>58:50</b>   | +22:44 | 5:53   | 6353    | 1722.   |
| 214. | Ledermann Karin        | 87 | Lauperswil       |                   | <b>58:54</b>   | +22:48 | 5:53   | 7169    | 1732.   |
| 215. | Schäpper Nicole        | 85 | Eschenbach       |                   | <b>58:57</b>   | +22:51 | 5:53   | 6253    | 1742.   |
| 216. | Endress Sarah          | 88 | Olten            |                   | <b>59:00</b>   | +22:54 | 5:54   | 8156    | 1754.   |
| 217. | Kolly Sabrina          | 89 | Bern             |                   | <b>59:09</b>   | +23:03 | 5:54   | 7157    | 1785.   |
| 218. | Fischler Martina       | 89 | Basel            |                   | <b>59:16</b>   | +23:10 | 5:55   | 5046    | 1811.   |
| 219. | Piotti Daiana          | 86 | Locarno          |                   | <b>59:17</b>   | +23:11 | 5:55   | 12133   | 1817.   |
| 220. | Gautschi Eva           | 89 | Zürich           |                   | <b>59:18</b>   | +23:12 | 5:55   | 7094    | 1818.   |
| 221. | Berger Laurence        | 86 | Nidau            |                   | <b>59:23</b>   | +23:17 | 5:56   | 9206    | 1839.   |
| 222. | Moser Mirjam           | 87 | Zweisimmen       |                   | <b>59:24</b>   | +23:18 | 5:56   | 69098   | 1842.   |
| 223. | Lathion Béangère       | 88 | Laupen BE        |                   | <b>59:28</b>   | +23:22 | 5:56   | 7166    | 1855.   |
| 224. | Bauer Sonja            | 86 | Auswil           |                   | <b>59:28</b>   | +23:22 | 5:56   | 6028    | 1856.   |
| 225. | Kappeler Selina        | 87 | Wädenswil        | Anita acitve      | <b>59:29</b>   | +23:23 | 5:56   | 7149    | 1860.   |
| 226. | Schenk Jennifer        | 87 | Oftringen        |                   | <b>59:30</b>   | +23:24 | 5:57   | 12151   | 1863.   |
| 227. | Born Séverine          | 87 | Berikon          |                   | <b>59:30</b>   | +23:24 | 5:57   | 5213    | 1869.   |
| 228. | Sonderegger Anja       | 89 | Bonstetten       |                   | <b>59:31</b>   | +23:25 | 5:57   | 5327    | 1870.   |
| 229. | Grossmann Deline       | 85 | Herzogenbuchsee  |                   | <b>59:33</b>   | +23:27 | 5:57   | 10331   | 1880.   |
| 230. | Steiner Stefanie       | 88 | Bern             |                   | <b>59:37</b>   | +23:31 | 5:57   | 11217   | 1893.   |
| 231. | Buntschu Jennifer      | 85 | St. Urban        | LVL Laufgruppe    | <b>59:42</b>   | +23:36 | 5:58   | 69029   | 1907.   |
| 232. | Pose Camille           | 87 | Courtedoux       | Fémina Courtedoux | <b>59:45</b>   | +23:39 | 5:58   | 9105    | 1918.   |
| 233. | Lavanchy Valérie       | 88 | Bern             |                   | <b>59:46</b>   | +23:40 | 5:58   | 10270   | 1921.   |
| 234. | Lergier Magdalena      | 87 | Bern             |                   | <b>59:48</b>   | +23:42 | 5:58   | 9172    | 1929.   |
| 235. | Eyer Monika            | 88 | Thun             |                   | <b>59:49</b>   | +23:43 | 5:58   | 8030    | 1934.   |
| 236. | Mailänder Stefanie     | 89 | Zürich           | Pacemaker         | <b>59:52</b>   | +23:46 | 5:59   | 8213    | 1946.   |
| 237. | Bill Jessica           | 86 | Gommiswald       |                   | <b>59:57</b>   | +23:51 | 5:59   | 5206    | 1955.   |
| 238. | Geissbühler Verena     | 86 | Heimisbach       |                   | <b>1:00:01</b> | +23:55 | 6:00   | 10248   | 1967.   |
| 239. | Schorer Isabelle       | 87 | Bern             |                   | <b>1:00:02</b> | +23:56 | 6:00   | 6260    | 1972.   |
| 240. | Förtsch Barbara        | 86 | Brittnau         |                   | <b>1:00:08</b> | +24:02 | 6:00   | 8035    | 1981.   |
| 241. | Chamary Agathe         | 86 | Bern             |                   | <b>1:00:14</b> | +24:08 | 6:01   | 10034   | 1994.   |
| 242. | Figini Lia             | 85 | Ostermundigen    |                   | <b>1:00:14</b> | +24:08 | 6:01   | 6088    | 1996.   |
| 243. | Schütz Salome          | 88 | Sumiswald        | sumia             | <b>1:00:19</b> | +24:13 | 6:01   | 8259    | 2013.   |
| 244. | Bröcheler Anne         | 88 | Bern             |                   | <b>1:00:27</b> | +24:21 | 6:02   | 9020    | 2033.   |
| 245. | Gomez Aurélie          | 87 | La Tour-de-Peilz |                   | <b>1:00:28</b> | +24:22 | 6:02   | 11175   | 2042.   |
| 246. | Müller Tatjana         | 89 | Biel-Benken BL   |                   | <b>1:00:34</b> | +24:28 | 6:03   | 6217    | 2058.   |
| 247. | Stalder Sibylle        | 85 | Krattigen        |                   | <b>1:00:54</b> | +24:48 | 6:05   | 4250    | 2106.   |
| 248. | Liechti Martina        | 86 | Sumiswald        |                   | <b>1:00:55</b> | +24:49 | 6:05   | 8207    | 2113.   |
| 249. | Kronenberg Vera        | 85 | Lauerz           |                   | <b>1:00:57</b> | +24:51 | 6:05   | 10091   | 2119.   |
| 250. | Rutishauser Monika     | 87 | Uetendorf        | Drächelis         | <b>1:00:59</b> | +24:53 | 6:05   | 8245    | 2121.   |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom          | an | lieu             | club               | temps          | écart  | min/km | dossard | overall |
|------|------------------------|----|------------------|--------------------|----------------|--------|--------|---------|---------|
| 251. | Bättig Alexandra       | 88 | Baden            |                    | <b>1:00:59</b> | +24:53 | 6:05   | 12215   | 2124.   |
| 252. | Thormann Kathrin       | 88 | Wabern           |                    | <b>1:01:11</b> | +25:05 | 6:07   | 11220   | 2149.   |
| 253. | Heiniger Sabrina       | 85 | Worben           |                    | <b>1:01:17</b> | +25:11 | 6:07   | 10255   | 2163.   |
| 254. | Graf Manuela           | 88 | Luzern           |                    | <b>1:01:20</b> | +25:14 | 6:08   | 8168    | 2165.   |
| 255. | Fahy Jo                | 85 | Bern             |                    | <b>1:01:25</b> | +25:19 | 6:08   | 8031    | 2182.   |
| 256. | Graf Cornelia          | 89 | Lausanne         |                    | <b>1:01:26</b> | +25:20 | 6:08   | 5062    | 2184.   |
| 257. | Bachmann Nicole        | 89 | Schlieren        |                    | <b>1:01:31</b> | +25:25 | 6:09   | 7019    | 2196.   |
| 258. | Haltinner Sabrina      | 89 | Olten            |                    | <b>1:01:33</b> | +25:27 | 6:09   | 8049    | 2200.   |
| 259. | Heimann Lorena         | 85 | Uerkheim         |                    | <b>1:01:33</b> | +25:27 | 6:09   | 8051    | 2200.   |
| 260. | Ott Evelin             | 86 | Kirchlindach     |                    | <b>1:01:34</b> | +25:28 | 6:09   | 9101    | 2202.   |
| 261. | Rosset Maeva           | 89 | Bern             |                    | <b>1:01:38</b> | +25:32 | 6:09   | 9186    | 2210.   |
| 262. | Bangerter Sarah        | 85 | Bern             |                    | <b>1:01:40</b> | +25:34 | 6:10   | 10009   | 2217.   |
| 263. | Altin Samira           | 86 | Biberist         |                    | <b>1:01:47</b> | +25:41 | 6:10   | 7337    | 2236.   |
| 264. | Anker Daniela          | 89 | Bern             | University of Bern | <b>1:01:48</b> | +25:42 | 6:10   | 9148    | 2240.   |
| 265. | Thürler Stéphanie      | 85 | Pieterlen        | KPT                | <b>1:01:58</b> | +25:52 | 6:11   | 9135    | 2261.   |
| 266. | König Andrea           | 89 | Thun             |                    | <b>1:02:17</b> | +26:11 | 6:13   | 8196    | 2307.   |
| 267. | Vonlanthen Anne        | 88 | Zug              |                    | <b>1:02:18</b> | +26:12 | 6:13   | 10206   | 2312.   |
| 268. | Waser Daniela          | 85 | Stans            |                    | <b>1:02:19</b> | +26:13 | 6:13   | 8295    | 2316.   |
| 269. | Kropf Raphaela         | 87 | Steffisburg      |                    | <b>1:02:20</b> | +26:14 | 6:14   | 8201    | 2321.   |
| 270. | Buser Nathalie         | 89 | Bern             |                    | <b>1:02:25</b> | +26:19 | 6:14   | 9024    | 2330.   |
| 271. | Martin Juliethe        | 87 | Lausanne         |                    | <b>1:02:26</b> | +26:20 | 6:14   | 7186    | 2339.   |
| 272. | Hiltbrunner Annatina   | 89 | Bern             |                    | <b>1:02:31</b> | +26:25 | 6:15   | 5254    | 2353.   |
| 273. | Beutler Annette        | 86 | Zeneggen         |                    | <b>1:02:32</b> | +26:26 | 6:15   | 10015   | 2355.   |
| 274. | Eggo Sarah             | 88 | Bern             |                    | <b>1:02:36</b> | +26:30 | 6:15   | 5235    | 2366.   |
| 275. | Omerovic Jasmina       | 86 | Nyon             |                    | <b>1:02:45</b> | +26:39 | 6:16   | 4292    | 2395.   |
| 276. | Kläsle Silja           | 86 | Ostermundigen    |                    | <b>1:02:45</b> | +26:39 | 6:16   | 6164    | 2396.   |
| 277. | Mani Hannah            | 89 | Bern             |                    | <b>1:02:45</b> | +26:39 | 6:16   | 13150   | 2397.   |
| 278. | Schlatter Yasmin       | 87 | Gwatt (Thun)     |                    | <b>1:02:45</b> | +26:39 | 6:16   | 10158   | 2399.   |
| 279. | Gerber Linda           | 88 | Zofingen         |                    | <b>1:02:47</b> | +26:41 | 6:16   | 8041    | 2403.   |
| 280. | Taverna Aita           | 85 | Wangs            |                    | <b>1:02:53</b> | +26:47 | 6:17   | 8104    | 2418.   |
| 281. | Seguí Femenias Yurena  | 87 | Zürich           |                    | <b>1:02:54</b> | +26:48 | 6:17   | 8260    | 2422.   |
| 282. | Stettler Sandra        | 86 | Niederwangen BE  |                    | <b>1:02:55</b> | +26:49 | 6:17   | 10303   | 2426.   |
| 283. | Jutzi Barbara          | 86 | Bern             |                    | <b>1:02:56</b> | +26:50 | 6:17   | 11188   | 2427.   |
| 284. | Langenegger Priska     | 88 | Wittnau          |                    | <b>1:02:56</b> | +26:50 | 6:17   | 10269   | 2432.   |
| 285. | König Therese          | 88 | Thörishaus       |                    | <b>1:02:56</b> | +26:50 | 6:17   | 9065    | 2434.   |
| 286. | Küng Meret             | 86 | Allschwil        |                    | <b>1:03:06</b> | +27:00 | 6:18   | 10268   | 2461.   |
| 287. | Brühwiler Lea          | 86 | Aarau            |                    | <b>1:03:07</b> | +27:01 | 6:18   | 10025   | 2464.   |
| 288. | Kassis Hélène          | 85 | Porrentruy       |                    | <b>1:03:07</b> | +27:01 | 6:18   | 69095   | 2466.   |
| 289. | Neyer Monika           | 86 | Buchs SG         | STV Grabs          | <b>1:03:08</b> | +27:02 | 6:18   | 11205   | 2467.   |
| 290. | Trüb Andrea            | 89 | Uster            |                    | <b>1:03:09</b> | +27:03 | 6:18   | 11222   | 2468.   |
| 291. | Hofer Marlies          | 87 | Grosshöchstetten |                    | <b>1:03:11</b> | +27:05 | 6:19   | 7128    | 2473.   |
| 292. | Jnglin Rebecca         | 88 | Hirzel           |                    | <b>1:03:12</b> | +27:06 | 6:19   | 10260   | 2477.   |
| 293. | Häni Tanja             | 87 | Zuzwil           |                    | <b>1:03:17</b> | +27:11 | 6:19   | 11058   | 2482.   |
| 294. | Müller Jessica         | 87 | Zürich           |                    | <b>1:03:20</b> | +27:14 | 6:20   | 10116   | 2491.   |
| 295. | Lehmann Gabriela       | 87 | Bern             |                    | <b>1:03:21</b> | +27:15 | 6:20   | 12254   | 2493.   |
| 296. | Steiner Jasmin         | 89 | Luzern           |                    | <b>1:03:22</b> | +27:16 | 6:20   | 8263    | 2496.   |
| 297. | García Casalta Luisana | 87 | Mühlethurnen     |                    | <b>1:03:22</b> | +27:16 | 6:20   | 11048   | 2497.   |
| 298. | Zumofen Isabel         | 86 | Liebefeld        |                    | <b>1:03:29</b> | +27:23 | 6:20   | 10222   | 2510.   |
| 299. | Vögeli Stephanie       | 87 | Bern             |                    | <b>1:03:41</b> | +27:35 | 6:22   | 8285    | 2539.   |
| 300. | Gerllert Sarah         | 89 | Sumiswald        | sumia              | <b>1:03:43</b> | +27:37 | 6:22   | 8164    | 2541.   |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom           | an | lieu               | club                     | temps          | écart  | min/km | dossard | overall |
|------|-------------------------|----|--------------------|--------------------------|----------------|--------|--------|---------|---------|
| 301. | Marti-Stucki Karin      | 89 | Belp               |                          | <b>1:03:44</b> | +27:38 | 6:22   | 9083    | 2545.   |
| 302. | Coppey Yasmine          | 85 | Daillon            |                          | <b>1:03:49</b> | +27:43 | 6:22   | 7056    | 2553.   |
| 303. | Rüfenacht Franziska     | 86 | Rheinfelden        |                          | <b>1:03:51</b> | +27:45 | 6:23   | 7239    | 2556.   |
| 304. | Schaetti Ballif Susanne | 87 | Mühlethal          |                          | <b>1:03:53</b> | +27:47 | 6:23   | 12267   | 2562.   |
| 305. | Frauchiger Thanée       | 89 | Thun               |                          | <b>1:03:57</b> | +27:51 | 6:23   | 10051   | 2574.   |
| 306. | Häni Lea                | 87 | Thun               |                          | <b>1:03:57</b> | +27:51 | 6:23   | 10069   | 2576.   |
| 307. | Mugny Corinne           | 85 | Fribourg           |                          | <b>1:04:00</b> | +27:54 | 6:24   | 11091   | 2580.   |
| 308. | Luginbühl Nathalie      | 85 | Forch              |                          | <b>1:04:03</b> | +27:57 | 6:24   | 9077    | 2582.   |
| 309. | Lambercy Pauline        | 89 | Bulle              | The Running Dead         | <b>1:04:04</b> | +27:58 | 6:24   | 69057   | 2585.   |
| 310. | Jaun Barbara            | 85 | Stechelberg        |                          | <b>1:04:04</b> | +27:58 | 6:24   | 9056    | 2586.   |
| 311. | Bartenbach Yvonne       | 89 | Meilen             |                          | <b>1:04:07</b> | +28:01 | 6:24   | 11016   | 2593.   |
| 312. | Tesfalul Retie          | 86 | Ittigen            |                          | <b>1:04:13</b> | +28:07 | 6:25   | 6300    | 2604.   |
| 313. | Arnold Monika           | 85 | Wabern             |                          | <b>1:04:24</b> | +28:18 | 6:26   | 9005    | 2630.   |
| 314. | Meier Sophie            | 86 | Zürich             |                          | <b>1:04:29</b> | +28:23 | 6:26   | 10108   | 2643.   |
| 315. | Müller Katharina        | 87 | Wil SG             |                          | <b>1:04:30</b> | +28:24 | 6:27   | 12121   | 2645.   |
| 316. | Grimm Cornelia          | 85 | Haldenstein        |                          | <b>1:04:31</b> | +28:25 | 6:27   | 11176   | 2650.   |
| 317. | Muri Désirée            | 88 | Wabern             |                          | <b>1:04:33</b> | +28:27 | 6:27   | 13153   | 2653.   |
| 318. | Bärtschi Christelle     | 87 | La Chaux-de-Fonds  |                          | <b>1:04:35</b> | +28:29 | 6:27   | 10228   | 2660.   |
| 319. | Schoch Ramona           | 88 | Bützberg           |                          | <b>1:04:46</b> | +28:40 | 6:28   | 4146    | 2682.   |
| 320. | Schumacher Paola        | 87 | Zürich             |                          | <b>1:04:46</b> | +28:40 | 6:28   | 4147    | 2683.   |
| 321. | Bruder Claudia          | 87 | Bergdietikon       |                          | <b>1:04:46</b> | +28:40 | 6:28   | 11026   | 2684.   |
| 322. | Alla Elmedina           | 88 | Schliern b. Köniz  |                          | <b>1:04:47</b> | +28:41 | 6:28   | 12003   | 2685.   |
| 323. | Papadimitriou Myrsini   | 88 | Athens             |                          | <b>1:04:50</b> | +28:44 | 6:29   | 10123   | 2690.   |
| 324. | Peter Andrea            | 89 | Neuenkirch         |                          | <b>1:04:51</b> | +28:45 | 6:29   | 11098   | 2695.   |
| 325. | Warg Yvonne             | 85 | Schaffhausen       |                          | <b>1:04:52</b> | +28:46 | 6:29   | 11150   | 2696.   |
| 326. | Coste Astrid            | 89 | Bern               |                          | <b>1:04:54</b> | +28:48 | 6:29   | 9159    | 2706.   |
| 327. | Aebi Mireille           | 89 | Aarau              |                          | <b>1:04:56</b> | +28:50 | 6:29   | 10226   | 2708.   |
| 328. | Giardina Stefanie       | 86 | Bern               |                          | <b>1:04:58</b> | +28:52 | 6:29   | 13137   | 2713.   |
| 329. | Büchler Tanja           | 86 | Ebnat-Kappel       | Spome Lauftreff Watt...  | <b>1:05:05</b> | +28:59 | 6:30   | 2148    | 2724.   |
| 330. | Finger Amanda           | 88 | Köniz              |                          | <b>1:05:06</b> | +29:00 | 6:30   | 10045   | 2729.   |
| 331. | Allemann Noémie         | 89 | Cronay             |                          | <b>1:05:13</b> | +29:07 | 6:31   | 13003   | 2745.   |
| 332. | Moser Elisabeth         | 88 | Bremgarten b. Bern |                          | <b>1:05:13</b> | +29:07 | 6:31   | 11204   | 2747.   |
| 333. | Andrey Coralie          | 88 | Bulle              | The running dead         | <b>1:05:23</b> | +29:17 | 6:32   | 13126   | 2765.   |
| 334. | Ylläsjärvi Ellinoora    | 85 | Belp               |                          | <b>1:05:31</b> | +29:25 | 6:33   | 6346    | 2769.   |
| 335. | Seiler Anina            | 87 | Langenthal         |                          | <b>1:05:45</b> | +29:39 | 6:34   | 12163   | 2800.   |
| 336. | Immoos Neva             | 89 | Luzern             |                          | <b>1:05:45</b> | +29:39 | 6:34   | 12073   | 2802.   |
| 337. | Spielmann Irene         | 87 | Zuchwil            |                          | <b>1:05:58</b> | +29:52 | 6:35   | 11128   | 2825.   |
| 338. | Messmer Petra           | 87 | Thun               |                          | <b>1:06:00</b> | +29:54 | 6:36   | 13151   | 2831.   |
| 339. | Zuber Miriam            | 85 | Männedorf          |                          | <b>1:06:26</b> | +30:20 | 6:38   | 12208   | 2872.   |
| 340. | Stähli Annabarbara      | 87 | Bern               |                          | <b>1:06:31</b> | +30:25 | 6:39   | 10174   | 2882.   |
| 341. | Rihs Christa            | 87 | Aarberg            |                          | <b>1:06:38</b> | +30:32 | 6:39   | 11109   | 2893.   |
| 342. | Kämpfer Nadia           | 86 | Kallnach           | Wandergruppe Blau...     | <b>1:06:38</b> | +30:32 | 6:39   | 11070   | 2894.   |
| 343. | Stöckli Sabrina         | 88 | Bern               |                          | <b>1:06:38</b> | +30:32 | 6:39   | 10305   | 2896.   |
| 344. | Mächler Angela          | 86 | Bern               |                          | <b>1:06:51</b> | +30:45 | 6:41   | 8211    | 2908.   |
| 345. | Dogan Dilan             | 89 | Zürich             |                          | <b>1:06:56</b> | +30:50 | 6:41   | 9027    | 2911.   |
| 346. | Kielar Marie            | 86 | Bern               | Oberstufe Rothrist (B... | <b>1:07:01</b> | +30:55 | 6:42   | 11075   | 2918.   |
| 347. | Kuhn Nathalie           | 88 | Domat/Ems          |                          | <b>1:07:22</b> | +31:16 | 6:44   | 12253   | 2939.   |
| 348. | Rieder Vanessa          | 88 | Kloten             |                          | <b>1:07:23</b> | +31:17 | 6:44   | 7367    | 2946.   |
| 349. | Bolt Corina             | 86 | BernBern           |                          | <b>1:07:25</b> | +31:19 | 6:44   | 7039    | 2947.   |
| 350. | Turberg Aurélie         | 85 | Cressier NE        |                          | <b>1:07:27</b> | +31:21 | 6:44   | 11224   | 2950.   |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom         | an | lieu             | club                 | temps          | écart  | min/km | dossard | overall |
|------|-----------------------|----|------------------|----------------------|----------------|--------|--------|---------|---------|
| 351. | Guillod Nicole        | 85 | Bettlach         |                      | <b>1:07:28</b> | +31:22 | 6:44   | 10251   | 2952.   |
| 352. | Schnyder Sabrina      | 88 | Grenchen         |                      | <b>1:07:28</b> | +31:22 | 6:44   | 10295   | 2953.   |
| 353. | Ehme Dominique        | 87 | Berlin           |                      | <b>1:07:31</b> | +31:25 | 6:45   | 7079    | 2958.   |
| 354. | Julen Carole          | 89 | Zürich           |                      | <b>1:07:43</b> | +31:37 | 6:46   | 9215    | 2974.   |
| 355. | Racine Véronique      | 85 | Nidau            | running coach        | <b>1:07:50</b> | +31:44 | 6:47   | 11107   | 2988.   |
| 356. | Grossmann Nicole      | 87 | Fraubrunnen      |                      | <b>1:07:53</b> | +31:47 | 6:47   | 12056   | 2991.   |
| 357. | Martin Mirjam         | 88 | Bern             |                      | <b>1:08:21</b> | +32:15 | 6:50   | 10105   | 3023.   |
| 358. | Zürcher Regina        | 89 | Bern             |                      | <b>1:08:21</b> | +32:15 | 6:50   | 10224   | 3025.   |
| 359. | von Aesch Alessandra  | 87 | Bern             |                      | <b>1:08:29</b> | +32:23 | 6:50   | 12183   | 3030.   |
| 360. | Salamanca Tamara      | 89 | BernBern         |                      | <b>1:08:33</b> | +32:27 | 6:51   | 8246    | 3039.   |
| 361. | Meichtry Manuela      | 89 | Visp             |                      | <b>1:08:40</b> | +32:34 | 6:52   | 12257   | 3049.   |
| 362. | García de Gross Tania | 88 | Bern             |                      | <b>1:09:04</b> | +32:58 | 6:54   | 13040   | 3083.   |
| 363. | Schlatter Manuela     | 86 | Frauenfeld       |                      | <b>1:09:08</b> | +33:02 | 6:54   | 11212   | 3088.   |
| 364. | Overney Sandra        | 88 | Schwarzsee       | TV Schwarzenburg     | <b>1:09:14</b> | +33:08 | 6:55   | 13078   | 3099.   |
| 365. | Schneiter Tanja       | 88 | Riggisberg       | TV Schwarzenburg     | <b>1:09:15</b> | +33:09 | 6:55   | 13098   | 3100.   |
| 366. | Nold Patrizia         | 88 | Hergiswil NW     |                      | <b>1:09:23</b> | +33:17 | 6:56   | 7203    | 3109.   |
| 367. | Todosijevic Mijoljka  | 87 | La Tour-de-Peilz |                      | <b>1:09:31</b> | +33:25 | 6:57   | 11138   | 3116.   |
| 368. | Rudolf Sandra         | 88 | Zug              |                      | <b>1:09:34</b> | +33:28 | 6:57   | 10148   | 3118.   |
| 369. | Rüttimann Anne        | 88 | Biel/Bienne      |                      | <b>1:09:37</b> | +33:31 | 6:57   | 12144   | 3121.   |
| 370. | Neuenschwander Regula | 89 | Baden            |                      | <b>1:09:37</b> | +33:31 | 6:57   | 12262   | 3122.   |
| 371. | Kengelbacher Isabelle | 88 | Glarus           |                      | <b>1:09:37</b> | +33:31 | 6:57   | 12086   | 3123.   |
| 372. | Aeberhard Corina      | 87 | Zürich           |                      | <b>1:09:42</b> | +33:36 | 6:58   | 11156   | 3127.   |
| 373. | Ita Simone            | 89 | Niederscherli    |                      | <b>1:09:45</b> | +33:39 | 6:58   | 12076   | 3134.   |
| 374. | Röllin Nathalie       | 85 | Bern             | Flamingo Runners     | <b>1:09:49</b> | +33:43 | 6:58   | 10142   | 3139.   |
| 375. | Peyer Rahel           | 87 | Rheinfelden      |                      | <b>1:09:55</b> | +33:49 | 6:59   | 12130   | 3143.   |
| 376. | Schneider Luise       | 85 | Zürich           |                      | <b>1:10:05</b> | +33:59 | 7:00   | 13163   | 3150.   |
| 377. | Schneider Julia       | 85 | Heidelberg       |                      | <b>1:10:06</b> | +34:00 | 7:00   | 13162   | 3152.   |
| 378. | Herzog Petra          | 89 | Sarnen           |                      | <b>1:10:37</b> | +34:31 | 7:03   | 3081    | 3180.   |
| 379. | Niedermann Jacqueline | 89 | Bern             |                      | <b>1:10:48</b> | +34:42 | 7:04   | 10118   | 3187.   |
| 380. | Friedli Monika        | 86 | Biel             |                      | <b>1:10:57</b> | +34:51 | 7:05   | 7088    | 3194.   |
| 381. | Imobersteg Bernadette | 87 | Bern             |                      | <b>1:11:41</b> | +35:35 | 7:10   | 13145   | 3234.   |
| 382. | Hochstrasser Tamara   | 85 | Gränichen        |                      | <b>1:12:02</b> | +35:56 | 7:12   | 7126    | 3251.   |
| 383. | Stucki Melanie        | 88 | Lenzburg         |                      | <b>1:12:09</b> | +36:03 | 7:12   | 10184   | 3258.   |
| 384. | Fleury Emilie         | 86 | Corminboeuf      |                      | <b>1:12:11</b> | +36:05 | 7:13   | 13036   | 3260.   |
| 385. | Herzog Mirjia         | 86 | Renens VD        |                      | <b>1:12:39</b> | +36:33 | 7:15   | 7123    | 3274.   |
| 386. | Aksel Weydert Seda    | 87 | Zürich           |                      | <b>1:13:03</b> | +36:57 | 7:18   | 13001   | 3290.   |
| 387. | Tekin Fatma           | 86 | Zollikofen       |                      | <b>1:13:05</b> | +36:59 | 7:18   | 13108   | 3291.   |
| 388. | Willmann Ariane       | 86 | Port             |                      | <b>1:13:43</b> | +37:37 | 7:22   | 7327    | 3299.   |
| 389. | Iacovangelo Jenelyn   | 89 | Genève           |                      | <b>1:14:09</b> | +38:03 | 7:24   | 11185   | 3310.   |
| 390. | Schläpfer Laura       | 87 | St. Gallen       |                      | <b>1:14:09</b> | +38:03 | 7:24   | 12154   | 3312.   |
| 391. | Dittli Natascha       | 88 | Attinghausen     |                      | <b>1:14:14</b> | +38:08 | 7:25   | 7068    | 3314.   |
| 392. | Bissig Olivia         | 89 | Zürich           |                      | <b>1:15:12</b> | +39:06 | 7:31   | 3019    | 3335.   |
| 393. | Wittweiler Jolanda    | 87 | Bazenheid        | Turnverein Bazenheid | <b>1:17:07</b> | +41:01 | 7:42   | 12280   | 3361.   |
| 394. | Brun Silvia           | 89 | Luzern           |                      | <b>1:17:35</b> | +41:29 | 7:45   | 13025   | 3367.   |
| 395. | Zwygart Marina        | 88 | Oekingen         |                      | <b>1:21:52</b> | +45:46 | 8:11   | 12210   | 3398.   |
| 396. | Renggli Angela        | 89 | Rapperswil SG    |                      | <b>1:27:26</b> | +51:20 | 8:44   | 6234    | 3410.   |

### DNS

|                |    |            |                |      |  |
|----------------|----|------------|----------------|------|--|
| Kämpfer Regula | 85 | Utzenstorf | Team Emmenlauf | 1072 |  |
| Liu Lihe       | 85 | Bolligen   |                | 1214 |  |

# 33. Schweizer Frauenlauf Bern 2019

résultats

## 10km Running Frauen W30

| rang | nom et prénom               | an | lieu             | club        | temps | écart | min/km | dossard | overall |
|------|-----------------------------|----|------------------|-------------|-------|-------|--------|---------|---------|
| DNS  |                             |    |                  |             |       |       |        |         |         |
|      | Lehmann Rachel              | 85 | Bülach           |             |       |       |        | 1262    |         |
|      | Di Donna Tatjana            | 86 | Bern             | -           |       |       |        | 3037    |         |
|      | Ehrenzeller Isa             | 87 | Bern             |             |       |       |        | 3046    |         |
|      | Haenni Corinne              | 89 | Bern             |             |       |       |        | 3072    |         |
|      | Herzog Sabine               | 88 | Luzern           |             |       |       |        | 3082    |         |
|      | Sherif Ramisa               | 86 | Konolfingen      |             |       |       |        | 3183    |         |
|      | Bourgeois Juliette          | 89 | Hünenberg        | TVHünenberg |       |       |        | 4025    |         |
|      | Fuenzalida Barbara          | 89 | Bern             |             |       |       |        | 5053    |         |
|      | Reich Thea                  | 85 | Liebefeld        |             |       |       |        | 5127    |         |
|      | Seydoux Caroline            | 85 | Bern             |             |       |       |        | 5148    |         |
|      | Zürcher Iris Christina      | 88 | Niederscherli    |             |       |       |        | 5189    |         |
|      | Crameri Stefania            | 85 | Wiedlisbach      |             |       |       |        | 5227    |         |
|      | Mosimann Eveline            | 88 | Herzogenbuchsee  |             |       |       |        | 5289    |         |
|      | Pröpfer Madeleine           | 85 | Brügg BE         |             |       |       |        | 5299    |         |
|      | Kessler Melanie             | 88 | Rotkreuz         |             |       |       |        | 6162    |         |
|      | Perren Isabelle             | 87 | Oberschrot       |             |       |       |        | 6230    |         |
|      | Wichmann Catherine          | 85 | Basel            |             |       |       |        | 6332    |         |
|      | De Abreu Leticia            | 85 | Buchrain         |             |       |       |        | 7062    |         |
|      | Garcia Cifuentes Maria D... | 86 | Visp             |             |       |       |        | 7092    |         |
|      | Günter Miriam               | 86 | Olten            |             |       |       |        | 7112    |         |
|      | Schmid Cornelia             | 87 | Sursee           |             |       |       |        | 7251    |         |
|      | Hossle Jessica              | 89 | Liestal          |             |       |       |        | 8055    |         |
|      | Vial Jessica                | 89 | Lausanne         |             |       |       |        | 8107    |         |
|      | Hug Eveline                 | 86 | St. Gallen       |             |       |       |        | 9052    |         |
|      | Montag Kim                  | 85 | Zürich           |             |       |       |        | 9090    |         |
|      | Wyss Christine              | 87 | Aetingen         |             |       |       |        | 9144    |         |
|      | Humbert Katrin              | 88 | Solothurn        |             |       |       |        | 10078   |         |
|      | Lütz Bueno Viviane          | 86 | Zürich           | keinen      |       |       |        | 10097   |         |
|      | Poirier Céline              | 89 | Grand-Lancy      |             |       |       |        | 10281   |         |
|      | Truninger Daniela           | 85 | Ehrendingen      |             |       |       |        | 10310   |         |
|      | Bors Anett                  | 87 | Bülach           |             |       |       |        | 12025   |         |
|      | Huwiler Nadja               | 88 | Luzern           |             |       |       |        | 12072   |         |
|      | Roth Michelle               | 86 | Bern             |             |       |       |        | 12143   |         |
|      | Schlapbach Saskia           | 85 | Bern             |             |       |       |        | 12152   |         |
|      | Fragnière Aline             | 85 | Belfaux          |             |       |       |        | 13037   |         |
|      | Tschanz Sabina              | 89 | Bern             |             |       |       |        | 13115   |         |
|      | Leibundgut Nicole           | 86 | Langenthal       |             |       |       |        | 13181   |         |
|      | Oertig Lucie                | 85 | Prez-vers-Noréaz |             |       |       |        | 13182   |         |

#436 participants