

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Frauen

| Rang | Nachname Vorname            | Jg | Ort                | Verein                   | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|-----------------------------|----|--------------------|--------------------------|--------------|---------|--------|---------|--------------|
| 1.   | Hofer Monique               | 78 | Tschugg            |                          | <b>40:50</b> |         | 4:04   | 844     | Mas W: 1.    |
| 2.   | Stricker Tamara             | 87 | Bern               |                          | <b>42:04</b> | +1:14   | 4:12   | 638     | Sen W: 1.    |
| 3.   | Fischer Vera                | 82 | Bern               |                          | <b>42:08</b> | +1:18   | 4:12   | 250     | Sen W: 2.    |
| 4.   | Kempf Sarah                 | 82 | Spiringen          | www.fit-mit-sarah.ch     | <b>43:02</b> | +2:12   | 4:18   | 364     | Sen W: 3.    |
| 5.   | Winklehner Anna             | 84 | Bremgarten b. Bern | Wolverine                | <b>43:14</b> | +2:24   | 4:19   | 701     | Sen W: 4.    |
| 6.   | von Bergen Rahel            | 76 | Schattenhalb       | Laufgruppe Willigen...   | <b>43:50</b> | +3:00   | 4:22   | 673     | Mas W: 2.    |
| 7.   | Maass Isabel                | 92 | Studen BE          |                          | <b>44:02</b> | +3:12   | 4:24   | 419     | Sen W: 5.    |
| 8.   | Fux Claudia                 | 73 | St.Niklaus         |                          | <b>44:05</b> | +3:15   | 4:24   | 262     | Mas W: 3.    |
| 9.   | Schwarz Lia                 | 01 | Lyss               | ol.biel.seeland / Whi... | <b>44:10</b> | +3:20   | 4:24   | 606     | Jui: 1.      |
| 10.  | Genoud Corinne              | 73 | Villars-Glâne      |                          | <b>44:52</b> | +4:02   | 4:29   | 863     | Mas W: 4.    |
| 11.  | Mast Nadine                 | 84 | Schwarzenburg      |                          | <b>44:59</b> | +4:09   | 4:29   | 430     | Sen W: 6.    |
| 12.  | Kronenberg Alexandra        | 75 | Blumenstein        | LADIES Tri Team          | <b>45:16</b> | +4:26   | 4:31   | 382     | Mas W: 5.    |
| 13.  | Schär Natascha              | 82 | Oberbipp           | Sportgruppe Wiedli...    | <b>45:27</b> | +4:37   | 4:32   | 572     | Sen W: 7.    |
| 14.  | Stooss Sabina               | 74 | Gümmenen           |                          | <b>46:07</b> | +5:17   | 4:36   | 633     | Mas W: 6.    |
| 15.  | Hüppi Linda                 | 88 | Biel/Bienne        |                          | <b>46:12</b> | +5:22   | 4:37   | 344     | Sen W: 8.    |
| 16.  | Ymbern Anna                 | 88 | Ostermundigen      |                          | <b>46:12</b> | +5:22   | 4:37   | 724     | Sen W: 9.    |
| 17.  | Huber Ruth                  | 77 | Tägertschi         |                          | <b>46:14</b> | +5:24   | 4:37   | 337     | Mas W: 7.    |
| 18.  | Schori Enya                 | 00 | Spiez              |                          | <b>46:17</b> | +5:27   | 4:37   | 600     | Jui: 2.      |
| 19.  | Coutaz Corinne              | 76 | Ostermundigen      |                          | <b>46:29</b> | +5:39   | 4:38   | 204     | Mas W: 8.    |
| 20.  | Pihlajaviita-Gugel Sariitta | 69 | Belp               | Polysport                | <b>46:39</b> | +5:49   | 4:39   | 510     | Mas W: 9.    |
| 21.  | Traba Fatima                | 66 | Fribourg           | LAT SENSE                | <b>46:53</b> | +6:03   | 4:41   | 653     | Mas W: 10.   |
| 22.  | Krempaska Kristina          | 88 | Bern               |                          | <b>46:58</b> | +6:08   | 4:41   | 381     | Sen W: 10.   |
| 23.  | Wirth Anja                  | 02 | Worb               |                          | <b>47:06</b> | +6:16   | 4:42   | 704     | Jui: 3.      |
| 24.  | Lauber Sahra                | 02 | Rubigen            |                          | <b>47:12</b> | +6:22   | 4:43   | 402     | Jui: 4.      |
| 25.  | Portmann Angela             | 82 | Oberentfelden      |                          | <b>47:31</b> | +6:41   | 4:45   | 516     | Sen W: 11.   |
| 26.  | Höhne Carolin               | 95 | München            |                          | <b>47:32</b> | +6:42   | 4:45   | 328     | Sen W: 12.   |
| 27.  | Rast Gabi                   | 79 | Zollikofen         |                          | <b>47:48</b> | +6:58   | 4:46   | 523     | Mas W: 11.   |
| 28.  | Muller Vanessa              | 78 | Ostermundigen      |                          | <b>48:06</b> | +7:16   | 4:48   | 473     | Mas W: 12.   |
| 29.  | Rohr Tabea                  | 87 | Münchenbuchsee     |                          | <b>48:17</b> | +7:27   | 4:49   | 543     | Sen W: 13.   |
| 30.  | Rellstab Gfeller Anna       | 70 | Sumiswald          |                          | <b>48:32</b> | +7:42   | 4:51   | 527     | Mas W: 13.   |
| 31.  | Wyss Gabriela               | 71 | Spiegel b. Bern    |                          | <b>48:35</b> | +7:45   | 4:51   | 720     | Mas W: 14.   |
| 32.  | Aeberhard Stephanie         | 83 | Adelboden          |                          | <b>48:36</b> | +7:46   | 4:51   | 102     | Sen W: 14.   |
| 33.  | Schmid Sarah                | 80 | Steffisburg        | Triple3                  | <b>48:42</b> | +7:52   | 4:52   | 851     | Sen W: 15.   |
| 34.  | Töpken Skadi                | 76 | Steffisburg        |                          | <b>48:46</b> | +7:56   | 4:52   | 652     | Mas W: 15.   |
| 35.  | Schweizer Kathrin           | 81 | Bern               |                          | <b>49:18</b> | +8:28   | 4:55   | 607     | Sen W: 16.   |
| 36.  | Ridout Sarah                | 64 | Oberdiessbach      |                          | <b>49:28</b> | +8:38   | 4:56   | 827     | Mas W: 16.   |
| 37.  | Righetti Aurélie            | 84 | Bern               |                          | <b>49:28</b> | +8:38   | 4:56   | 536     | Sen W: 17.   |
| 38.  | Salzmann Selina             | 96 | Gohl               |                          | <b>49:30</b> | +8:40   | 4:56   | 566     | Sen W: 18.   |
| 39.  | Schürch Corinna             | 76 | Bösingen           | TV Bösingen              | <b>49:34</b> | +8:44   | 4:57   | 602     | Mas W: 17.   |
| 40.  | Lüthi Lilian                | 59 | Münchenbuchsee     |                          | <b>49:54</b> | +9:04   | 4:59   | 415     | Vet W: 1.    |
| 41.  | Nussli Beatrice             | 66 | Burgdorf           |                          | <b>49:58</b> | +9:08   | 4:59   | 486     | Mas W: 18.   |
| 42.  | Rühli Eliane                | 76 | Emmenbrücke        | LC Emmenstrand           | <b>50:04</b> | +9:14   | 5:00   | 850     | Mas W: 19.   |
| 43.  | Bischof Florence            | 83 | Steffisburg        |                          | <b>50:18</b> | +9:28   | 5:01   | 150     | Sen W: 19.   |
| 44.  | Stauffer Fabia              | 77 | Muri b. Bern       |                          | <b>50:18</b> | +9:28   | 5:01   | 627     | Mas W: 20.   |
| 45.  | Wälti Alexandra             | 75 | Bern               |                          | <b>50:34</b> | +9:44   | 5:03   | 681     | Mas W: 21.   |
| 46.  | Hirsbrunner Katja           | 96 | Herzogenbuchsee    |                          | <b>50:36</b> | +9:46   | 5:03   | 324     | Sen W: 20.   |
| 47.  | Burton Kathryn              | 86 | Bern               |                          | <b>50:37</b> | +9:47   | 5:03   | 869     | Sen W: 21.   |
| 48.  | Wittwer Stefanie            | 94 | Thun               |                          | <b>50:38</b> | +9:48   | 5:03   | 710     | Sen W: 22.   |
| 49.  | Hübscher Barbara            | 71 | Bern               |                          | <b>51:11</b> | +10:21  | 5:07   | 338     | Mas W: 22.   |
| 50.  | Streun Elena                | 02 | Wabern             |                          | <b>51:12</b> | +10:22  | 5:07   | 636     | Jui: 5.      |

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### 10km Running Frauen

| Rang | Nachname Vorname     | Jg | Ort                      | Verein                 | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|----------------------|----|--------------------------|------------------------|--------------|---------|--------|---------|--------------|
| 51.  | Dreyer Daniela       | 82 | Muri b. Bern             |                        | <b>51:16</b> | +10:26  | 5:07   | 226     | Sen W: 23.   |
| 52.  | Zulauf Katya         | 87 | Liebefeld                |                        | <b>51:16</b> | +10:26  | 5:07   | 735     | Sen W: 24.   |
| 53.  | Schöpfer Manuela     | 83 | Rossens FR               | Vaudoise Versicheru... | <b>51:33</b> | +10:43  | 5:09   | 599     | Sen W: 25.   |
| 54.  | Gosteli Isabel       | 92 | Bern                     |                        | <b>51:34</b> | +10:44  | 5:09   | 284     | Sen W: 26.   |
| 55.  | Scherf Nina          | 83 | Bern                     |                        | <b>51:39</b> | +10:49  | 5:09   | 577     | Sen W: 27.   |
| 56.  | Läng Andrea          | 78 | Dotzigen                 |                        | <b>51:46</b> | +10:56  | 5:10   | 397     | Mas W: 23.   |
| 57.  | Bauer Noomi          | 81 | Bern                     |                        | <b>51:57</b> | +11:07  | 5:11   | 126     | Sen W: 28.   |
| 58.  | Blatter Alexandra    | 88 | Bern                     |                        | <b>51:58</b> | +11:08  | 5:11   | 154     | Sen W: 29.   |
| 59.  | Dias Nicole          | 78 | Burgdorf                 |                        | <b>52:09</b> | +11:19  | 5:12   | 219     | Mas W: 24.   |
| 60.  | Wüthrich Irene       | 78 | Gysenstein               |                        | <b>52:09</b> | +11:19  | 5:12   | 715     | Mas W: 25.   |
| 61.  | Sägesser Judith      | 64 | Bern                     | -                      | <b>52:29</b> | +11:39  | 5:14   | 565     | Mas W: 26.   |
| 62.  | Binkert Ladina       | 96 | Ittigen                  | TV Ittigen             | <b>52:29</b> | +11:39  | 5:14   | 147     | Sen W: 30.   |
| 63.  | Brunner Ramona       | 90 | Bolligen                 | TV Ittigen             | <b>52:32</b> | +11:42  | 5:15   | 177     | Sen W: 31.   |
| 64.  | Zen-Ruffinen Denise  | 86 | Riedbach                 |                        | <b>52:39</b> | +11:49  | 5:15   | 729     | Sen W: 32.   |
| 65.  | Werthmüller Nadine   | 89 | Wattenwil                |                        | <b>52:50</b> | +12:00  | 5:16   | 697     | Sen W: 33.   |
| 66.  | Surny Monique        | 68 | Bern                     |                        | <b>52:51</b> | +12:01  | 5:17   | 642     | Mas W: 27.   |
| 67.  | Soltermann Lara      | 95 | Bern                     |                        | <b>52:55</b> | +12:05  | 5:17   | 622     | Sen W: 34.   |
| 68.  | Bischoff Ona Lia     | 98 | Bremgarten b. Bern       |                        | <b>53:03</b> | +12:13  | 5:18   | 151     | Sen W: 35.   |
| 69.  | Zwahlen Sarah        | 93 | Münchenbuchsee           |                        | <b>53:14</b> | +12:24  | 5:19   | 838     | Sen W: 36.   |
| 70.  | Probst Kathrin       | 82 | Bern                     |                        | <b>53:22</b> | +12:32  | 5:20   | 519     | Sen W: 37.   |
| 71.  | Müller Monika        | 75 | Ostermundigen            | TV Bösinggen           | <b>53:40</b> | +12:50  | 5:21   | 821     | Mas W: 28.   |
| 72.  | Minder Eva           | 68 | Solothurn                |                        | <b>53:45</b> | +12:55  | 5:22   | 451     | Mas W: 29.   |
| 73.  | Mollet Ariane        | 77 | Messen                   |                        | <b>53:50</b> | +13:00  | 5:22   | 455     | Mas W: 30.   |
| 74.  | Affolter Sarah       | 84 | Visp                     |                        | <b>53:53</b> | +13:03  | 5:23   | 106     | Sen W: 38.   |
| 75.  | Liechti Lisa         | 87 | Ersigen                  |                        | <b>53:55</b> | +13:05  | 5:23   | 406     | Sen W: 39.   |
| 76.  | Aegler Katja         | 67 | Thierachern              |                        | <b>53:56</b> | +13:06  | 5:23   | 801     | Mas W: 31.   |
| 77.  | Ferro Manu Aline     | 92 | Bern                     |                        | <b>54:04</b> | +13:14  | 5:24   | 246     | Sen W: 40.   |
| 78.  | von Arx Susanne      | 64 | Urtenen-Schönbühl        |                        | <b>54:07</b> | +13:17  | 5:24   | 672     | Mas W: 32.   |
| 79.  | Bütikofer Ramona     | 00 | Worb                     | Gymer Neufeld          | <b>54:08</b> | +13:18  | 5:24   | 193     | Jui: 6.      |
| 80.  | Kummer Mirjam        | 85 | Bern                     |                        | <b>54:10</b> | +13:20  | 5:24   | 389     | Sen W: 41.   |
| 81.  | Wichtermann Karin    | 87 | Meiringen                | Laufgruppe Willigen    | <b>54:12</b> | +13:22  | 5:25   | 700     | Sen W: 42.   |
| 82.  | Rindlisbacher Tina   | 85 | Lyss                     |                        | <b>54:13</b> | +13:23  | 5:25   | 537     | Sen W: 43.   |
| 83.  | Koller Susanne       | 75 | Zürich                   |                        | <b>54:16</b> | +13:26  | 5:25   | 375     | Mas W: 33.   |
| 84.  | Böhm Carmen          | 89 | Oberburg                 |                        | <b>54:19</b> | +13:29  | 5:25   | 160     | Sen W: 44.   |
| 84.  | Huber Esther         | 72 | Ettiswil                 |                        | <b>54:19</b> | +13:29  | 5:25   | 335     | Mas W: 34.   |
| 86.  | Heinrich Esther      | 73 | Forst                    |                        | <b>54:27</b> | +13:37  | 5:26   | 319     | Mas W: 35.   |
| 87.  | Wirth Luigina        | 64 | Spiegel b. BernSpiege... | STB                    | <b>54:40</b> | +13:50  | 5:27   | 706     | Mas W: 36.   |
| 88.  | Uhlmann Noemi        | 03 | Lohn-Ammannsegg          | OLG Biberist SO        | <b>54:41</b> | +13:51  | 5:28   | 660     | Jui: 7.      |
| 89.  | Tukker Stephanie     | 84 | Gümligen                 |                        | <b>54:51</b> | +14:01  | 5:29   | 659     | Sen W: 45.   |
| 90.  | Siegenthaler Kristin | 80 | Gümligen                 |                        | <b>54:51</b> | +14:01  | 5:29   | 859     | Sen W: 46.   |
| 91.  | Baumgartner Marianne | 72 | Gysenstein               |                        | <b>55:03</b> | +14:13  | 5:30   | 130     | Mas W: 37.   |
| 92.  | Friedli Franziska    | 01 | Belp                     |                        | <b>55:04</b> | +14:14  | 5:30   | 259     | Jui: 8.      |
| 93.  | Bugmann Rahel        | 99 | Hasle-Rüegsau            |                        | <b>55:09</b> | +14:19  | 5:30   | 183     | Sen W: 47.   |
| 94.  | Kämpf Lea            | 02 | Olten                    | LV Olten               | <b>55:21</b> | +14:31  | 5:32   | 357     | Jui: 9.      |
| 95.  | Hirschi Nathalie     | 93 | Düdingen                 |                        | <b>55:27</b> | +14:37  | 5:32   | 325     | Sen W: 48.   |
| 96.  | Weber Rebecca        | 68 | Bern                     |                        | <b>55:42</b> | +14:52  | 5:34   | 688     | Mas W: 38.   |
| 97.  | Peyer Michelle       | 01 | Laupen BE                |                        | <b>55:43</b> | +14:53  | 5:34   | 505     | Jui: 10.     |
| 98.  | Ruprecht Lina        | 01 | Bern                     |                        | <b>55:52</b> | +15:02  | 5:35   | 563     | Jui: 11.     |
| 99.  | Sanchez Nina         | 81 | Unterseen                |                        | <b>55:54</b> | +15:04  | 5:35   | 567     | Sen W: 49.   |
| 100. | Rodríguez Dora       | 53 | Bern                     | STB                    | <b>55:57</b> | +15:07  | 5:35   | 542     | Vet W: 2.    |

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### 10km Running Frauen

| Rang | Nachname Vorname       | Jg | Ort              | Verein                | Zeit         | Abstand | min/km | Startnr | Altersklasse |
|------|------------------------|----|------------------|-----------------------|--------------|---------|--------|---------|--------------|
| 101. | Wüthrich Jeanine       | 96 | Schwendibach     |                       | <b>55:58</b> | +15:08  | 5:35   | 716     | Sen W: 50.   |
| 102. | Hug Simone             | 94 | Ersigen          | Triteam Emmental      | <b>56:11</b> | +15:21  | 5:37   | 341     | Sen W: 51.   |
| 103. | Sherif Ramisa          | 86 | Konolfingen      |                       | <b>56:12</b> | +15:22  | 5:37   | 832     | Sen W: 52.   |
| 104. | Keller Brigitte        | 80 | Burgdorf         | Laufteam Emmenthal    | <b>56:20</b> | +15:30  | 5:37   | 362     | Sen W: 53.   |
| 105. | Burkhalter Franziska   | 62 | Münsingen        | -                     | <b>56:28</b> | +15:38  | 5:38   | 186     | Mas W: 39.   |
| 106. | Bucher Franziska       | 60 | Grindelwald      |                       | <b>56:32</b> | +15:42  | 5:39   | 180     | Mas W: 40.   |
| 107. | Siffert Janique        | 86 | Bern             |                       | <b>56:38</b> | +15:48  | 5:39   | 868     | Sen W: 54.   |
| 108. | Baumann Eva            | 75 | Zollikofen       | TV Zollikofen         | <b>56:39</b> | +15:49  | 5:39   | 128     | Mas W: 41.   |
| 109. | Dederichs Ursula       | 68 | Thun             | All blacks            | <b>56:39</b> | +15:49  | 5:39   | 213     | Mas W: 42.   |
| 110. | Gafner Delila          | 85 | Homberg b. Thun  |                       | <b>56:40</b> | +15:50  | 5:39   | 265     | Sen W: 55.   |
| 111. | Muralt Barbara         | 77 | Horriwil         |                       | <b>56:47</b> | +15:57  | 5:40   | 477     | Mas W: 43.   |
| 112. | Da Costa Magda         | 90 | Neuenhof         | AFV                   | <b>56:50</b> | +16:00  | 5:40   | 206     | Sen W: 56.   |
| 113. | Gertsch Nathalia       | 81 | Bönigen          | ???I?Hskelter         | <b>57:02</b> | +16:12  | 5:42   | 276     | Sen W: 57.   |
| 114. | Richner Sereina        | 92 | Liebefeld        | Mako Switzerland      | <b>57:14</b> | +16:24  | 5:43   | 531     | Sen W: 58.   |
| 115. | Oberli Leonie          | 97 | Utzigen          |                       | <b>57:16</b> | +16:26  | 5:43   | 491     | Sen W: 59.   |
| 116. | Tschümperlin Brigitte  | 75 | Fraubrunnen      |                       | <b>57:23</b> | +16:33  | 5:44   | 658     | Mas W: 44.   |
| 117. | Beeler Kathrin         | 92 | Bern             |                       | <b>57:36</b> | +16:46  | 5:45   | 133     | Sen W: 60.   |
| 118. | Lüdi Greta             | 72 | Wabern           |                       | <b>57:39</b> | +16:49  | 5:45   | 413     | Mas W: 45.   |
| 119. | Weibel Linda           | 74 | Thunstetten      |                       | <b>57:45</b> | +16:55  | 5:46   | 691     | Mas W: 46.   |
| 120. | Steinlin Marina        | 91 | St. Gallen       |                       | <b>57:46</b> | +16:56  | 5:46   | 630     | Sen W: 61.   |
| 121. | Steinlin Flavia        | 86 | St. Gallen       | keiner                | <b>57:46</b> | +16:56  | 5:46   | 629     | Sen W: 62.   |
| 122. | Gfeller Bettina        | 90 | Thun             | 689                   | <b>57:48</b> | +16:58  | 5:46   | 278     | Sen W: 63.   |
| 123. | Meier Wuethrich Monika | 75 | Bern             |                       | <b>57:50</b> | +17:00  | 5:46   | 440     | Mas W: 47.   |
| 124. | Kurz-Gentinetta Mirjam | 88 | Bern             |                       | <b>57:52</b> | +17:02  | 5:47   | 394     | Sen W: 64.   |
| 125. | Demaurex Adeline       | 92 | Bern             |                       | <b>57:57</b> | +17:07  | 5:47   | 217     | Sen W: 65.   |
| 126. | Esseiva Franziska      | 78 | Belp             |                       | <b>57:57</b> | +17:07  | 5:47   | 239     | Mas W: 48.   |
| 127. | Marinello Laura        | 79 | Schwarzenburg    |                       | <b>58:12</b> | +17:22  | 5:49   | 427     | Mas W: 49.   |
| 128. | Bill Rose-Marie        | 62 | Kirchberg BE     |                       | <b>58:17</b> | +17:27  | 5:49   | 144     | Mas W: 50.   |
| 129. | Schmid Marianne        | 66 | Wattenwil        |                       | <b>58:17</b> | +17:27  | 5:49   | 588     | Mas W: 51.   |
| 130. | Freudenberg Karen      | 67 | Bern             |                       | <b>58:17</b> | +17:27  | 5:49   | 255     | Mas W: 52.   |
| 131. | Volery Christine       | 74 | Kleingurmels     |                       | <b>58:18</b> | +17:28  | 5:49   | 667     | Mas W: 53.   |
| 132. | Soos Claudia           | 86 | Spiez            |                       | <b>58:22</b> | +17:32  | 5:50   | 623     | Sen W: 66.   |
| 133. | Pascual-Büchi Judith   | 64 | Zollikofen       | Laufftreff Zollikofen | <b>58:22</b> | +17:32  | 5:50   | 495     | Mas W: 54.   |
| 134. | Ryter Jacqueline       | 70 | Ostermundigen    |                       | <b>58:23</b> | +17:33  | 5:50   | 165     | Mas W: 55.   |
| 135. | Scheidegger-Beck Sara  | 79 | Bern             |                       | <b>58:24</b> | +17:34  | 5:50   | 575     | Mas W: 56.   |
| 136. | Schär Ursula           | 71 | Rheineck         |                       | <b>58:35</b> | +17:45  | 5:51   | 573     | Mas W: 57.   |
| 137. | Zbinden Corinne        | 77 | Wabern           | STB                   | <b>58:38</b> | +17:48  | 5:51   | 111     | Mas W: 58.   |
| 138. | Strahm Sandra          | 79 | Ersigen          |                       | <b>58:40</b> | +17:50  | 5:51   | 634     | Mas W: 59.   |
| 139. | Silberman Nathalie     | 90 | Bern             |                       | <b>58:40</b> | +17:50  | 5:51   | 618     | Sen W: 67.   |
| 140. | Portmann Olivia        | 81 | Niederhünigen    |                       | <b>58:44</b> | +17:54  | 5:52   | 514     | Sen W: 68.   |
| 141. | Morattel Sonja         | 74 | Ecublens VD      |                       | <b>58:46</b> | +17:56  | 5:52   | 460     | Mas W: 60.   |
| 142. | Wenger Monika          | 66 | Oberwil b. Büren |                       | <b>58:53</b> | +18:03  | 5:53   | 695     | Mas W: 61.   |
| 143. | Ribeaud Sabrina        | 95 | Bassecourt       |                       | <b>59:00</b> | +18:10  | 5:53   | 530     | Sen W: 69.   |
| 144. | Dreyer Sandra          | 86 | Liebefeld        |                       | <b>59:02</b> | +18:12  | 5:54   | 227     | Sen W: 70.   |
| 145. | Niederhauser Sara      | 88 | Konolfingen      |                       | <b>59:02</b> | +18:12  | 5:54   | 482     | Sen W: 71.   |
| 146. | Kubitza Maria          | 71 | Stettlen         |                       | <b>59:08</b> | +18:18  | 5:54   | 386     | Mas W: 62.   |
| 147. | Wenger Marlies         | 68 | Rüeggisberg      |                       | <b>59:17</b> | +18:27  | 5:55   | 694     | Mas W: 63.   |
| 148. | Rolli Cornelia         | 76 | Bätterkinden     |                       | <b>59:21</b> | +18:31  | 5:56   | 546     | Mas W: 64.   |
| 149. | Muchala Elisabeth      | 68 | Blauen           |                       | <b>59:24</b> | +18:34  | 5:56   | 467     | Mas W: 65.   |
| 150. | Roth Selina            | 89 | Bern             |                       | <b>59:25</b> | +18:35  | 5:56   | 549     | Sen W: 72.   |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Frauen

| Rang | Nachname Vorname      | Jg | Ort               | Verein                  | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|-----------------------|----|-------------------|-------------------------|----------------|---------|--------|---------|--------------|
| 151. | Truttmann Irene       | 94 | Menzingen         |                         | <b>59:25</b>   | +18:35  | 5:56   | 657     | Sen W: 73.   |
| 152. | Truttmann Anita       | 92 | Zug               |                         | <b>59:26</b>   | +18:36  | 5:56   | 656     | Sen W: 74.   |
| 153. | Dubas Françoise       | 55 | Lausanne          | Seniors de Coubertin    | <b>59:30</b>   | +18:40  | 5:56   | 228     | Vet W: 3.    |
| 154. | Wyss Manuela          | 82 | Worben            |                         | <b>59:40</b>   | +18:50  | 5:57   | 721     | Sen W: 75.   |
| 155. | Zeier Marianne        | 71 | Wabern            |                         | <b>59:54</b>   | +19:04  | 5:59   | 728     | Mas W: 66.   |
| 156. | Wälchli Isabelle      | 82 | Bern              | Emmenskaters            | <b>59:57</b>   | +19:07  | 5:59   | 678     | Sen W: 76.   |
| 157. | Künzi Nicole          | 75 | Emmenmatt         | Emmenskaters            | <b>59:58</b>   | +19:08  | 5:59   | 392     | Mas W: 67.   |
| 158. | May Rahel             | 91 | Bern              |                         | <b>1:00:05</b> | +19:15  | 6:00   | 437     | Sen W: 77.   |
| 159. | Trachsel Simone       | 81 | Bern              |                         | <b>1:00:07</b> | +19:17  | 6:00   | 655     | Sen W: 78.   |
| 160. | Giger Manuela         | 82 | Zollikofen        |                         | <b>1:00:13</b> | +19:23  | 6:01   | 281     | Sen W: 79.   |
| 161. | Arnold Patrizia       | 78 | Rubigen           |                         | <b>1:00:37</b> | +19:47  | 6:03   | 115     | Mas W: 68.   |
| 162. | Gribi Ursula          | 76 | Worben            |                         | <b>1:00:45</b> | +19:55  | 6:04   | 292     | Mas W: 69.   |
| 163. | Sabra Mayssam         | 84 | Bern              |                         | <b>1:00:45</b> | +19:55  | 6:04   | 564     | Sen W: 80.   |
| 164. | Mathieu Esther        | 67 | Worben            |                         | <b>1:00:46</b> | +19:56  | 6:04   | 431     | Mas W: 70.   |
| 165. | Kiveliö Anna-Sofia    | 84 | Zürich            |                         | <b>1:00:48</b> | +19:58  | 6:04   | 371     | Sen W: 81.   |
| 166. | Portner Rita          | 67 | Ostermundigen     | STB                     | <b>1:00:57</b> | +20:07  | 6:05   | 518     | Mas W: 71.   |
| 167. | Nussberger Béatrice   | 80 | Bern              |                         | <b>1:00:59</b> | +20:09  | 6:05   | 485     | Sen W: 82.   |
| 168. | König Therese         | 88 | Thörishaus        |                         | <b>1:00:59</b> | +20:09  | 6:05   | 379     | Sen W: 83.   |
| 169. | Bubb Katharina        | 90 | Fribourg          |                         | <b>1:01:10</b> | +20:20  | 6:06   | 178     | Sen W: 84.   |
| 170. | Wirth Doris           | 63 | Bern              | STB                     | <b>1:01:13</b> | +20:23  | 6:07   | 705     | Mas W: 72.   |
| 171. | Deuschle Fabienne     | 89 | Münsingen         | STB                     | <b>1:01:16</b> | +20:26  | 6:07   | 218     | Sen W: 85.   |
| 172. | Liniger Marianne      | 84 | Meiringen         | Laufgruppe Willigen     | <b>1:01:16</b> | +20:26  | 6:07   | 407     | Sen W: 86.   |
| 173. | Dummermuth Christin   | 74 | Lohn-Ammannsegg   | Laufftreff Solothurn    | <b>1:01:22</b> | +20:32  | 6:08   | 230     | Mas W: 73.   |
| 174. | Hänggi Jeanette       | 73 | Allschwil         |                         | <b>1:01:29</b> | +20:39  | 6:08   | 303     | Mas W: 74.   |
| 175. | Deillon Jeanne        | 93 | Lausanne          |                         | <b>1:01:48</b> | +20:58  | 6:10   | 214     | Sen W: 87.   |
| 176. | Studer Ramona         | 83 | Oensingen         |                         | <b>1:01:48</b> | +20:58  | 6:10   | 641     | Sen W: 88.   |
| 177. | Szelyes Susanna       | 82 | Bern              |                         | <b>1:01:56</b> | +21:06  | 6:11   | 644     | Sen W: 89.   |
| 178. | Weyermann Beatrice    | 69 | Mittelhäusern     | Laufgruppe Satus K...   | <b>1:02:02</b> | +21:12  | 6:12   | 699     | Mas W: 75.   |
| 179. | Labunets Victoria     | 78 | Villars-sur-Glâne |                         | <b>1:02:20</b> | +21:30  | 6:13   | 396     | Mas W: 76.   |
| 180. | Garbade Alicia        | 92 | Bern              |                         | <b>1:02:24</b> | +21:34  | 6:14   | 811     | Sen W: 90.   |
| 181. | Schär Barbara         | 78 | Bern              |                         | <b>1:02:30</b> | +21:40  | 6:15   | 570     | Mas W: 77.   |
| 182. | Delic Sedina          | 92 | Urtenen-Schönbühl |                         | <b>1:02:42</b> | +21:52  | 6:16   | 215     | Sen W: 91.   |
| 183. | Ilgaz Ilke            | 87 | Carouge GE        |                         | <b>1:02:44</b> | +21:54  | 6:16   | 347     | Sen W: 92.   |
| 184. | Thommen Delphine      | 94 | Lausanne          |                         | <b>1:02:44</b> | +21:54  | 6:16   | 649     | Sen W: 93.   |
| 185. | Hebeisen Andrea       | 85 | Liebefeld         |                         | <b>1:02:47</b> | +21:57  | 6:16   | 313     | Sen W: 94.   |
| 186. | Ruedin Andrea         | 66 | Apples            | Vaudoise Jogging        | <b>1:02:58</b> | +22:08  | 6:17   | 554     | Mas W: 78.   |
| 187. | Ruf Sarah             | 90 | Bern              |                         | <b>1:03:04</b> | +22:14  | 6:18   | 556     | Sen W: 95.   |
| 188. | Schnider Marion       | 70 | Bern              | Schnidis on Tour Fit... | <b>1:03:09</b> | +22:19  | 6:18   | 595     | Mas W: 79.   |
| 189. | Schnider Sonja        | 70 | Erlinsbach        | FIT for LIFE on Tour    | <b>1:03:09</b> | +22:19  | 6:18   | 597     | Mas W: 80.   |
| 190. | Milleret Florence     | 89 | Zürich            |                         | <b>1:03:28</b> | +22:38  | 6:20   | 449     | Sen W: 96.   |
| 191. | Wojacek Nadja         | 76 | Bern              |                         | <b>1:03:32</b> | +22:42  | 6:21   | 711     | Mas W: 81.   |
| 192. | Wenzler Danielle      | 67 | Schliern b. Köniz |                         | <b>1:03:53</b> | +23:03  | 6:23   | 696     | Mas W: 82.   |
| 193. | Züllig von Allmen Doa | 77 | Ostermundigen     | Bantiger-Runners        | <b>1:03:55</b> | +23:05  | 6:23   | 736     | Mas W: 83.   |
| 194. | Hauswirth Renate      | 69 | Worben            |                         | <b>1:03:57</b> | +23:07  | 6:23   | 310     | Mas W: 84.   |
| 195. | Buchli Tina           | 76 | Rubigen           |                         | <b>1:03:59</b> | +23:09  | 6:23   | 870     | Mas W: 85.   |
| 196. | Bacon Tatiana         | 78 | Villars-sur-Glâne |                         | <b>1:03:59</b> | +23:09  | 6:23   | 118     | Mas W: 86.   |
| 197. | Roth Anna             | 91 | Bern              |                         | <b>1:04:16</b> | +23:26  | 6:25   | 548     | Sen W: 97.   |
| 198. | Baschung Laura        | 92 | Derendingen       |                         | <b>1:04:17</b> | +23:27  | 6:25   | 123     | Sen W: 98.   |
| 199. | Thalmann Patricia     | 83 | Alterswil FR      |                         | <b>1:04:31</b> | +23:41  | 6:27   | 646     | Sen W: 99.   |
| 200. | Herrli Tamara         | 92 | Aarberg           |                         | <b>1:04:35</b> | +23:45  | 6:27   | 321     | Sen W: 100.  |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Frauen

| Rang | Nachname Vorname         | Jg | Ort             | Verein                | Zeit           | Abstand | min/km | Startnr | Altersklasse |
|------|--------------------------|----|-----------------|-----------------------|----------------|---------|--------|---------|--------------|
| 201. | Herrli Anita             | 91 | Bern            |                       | <b>1:04:35</b> | +23:45  | 6:27   | 320     | Sen W: 101.  |
| 202. | Sigrist Susanne          | 88 | Bern            |                       | <b>1:04:46</b> | +23:56  | 6:28   | 617     | Sen W: 102   |
| 203. | Jaun Valery              | 90 | Innertkirchen   | Ladies Tri Team       | <b>1:04:49</b> | +23:59  | 6:28   | 817     | Sen W: 103   |
| 204. | Emmenegger Silvia        | 66 | Olten           | Laufgruppe Niedera... | <b>1:05:07</b> | +24:17  | 6:30   | 237     | Mas W: 87.   |
| 205. | Bachmann Ruth            | 50 | Winterthur      |                       | <b>1:05:42</b> | +24:52  | 6:34   | 117     | Vet W: 4.    |
| 206. | Teuscher Françoise       | 57 | Bern            |                       | <b>1:05:45</b> | +24:55  | 6:34   | 645     | Vet W: 5.    |
| 207. | Greiner Viola            | 61 | Grenzach-Wyhlen |                       | <b>1:05:53</b> | +25:03  | 6:35   | 290     | Mas W: 88.   |
| 208. | Laubacher Erika          | 68 | Kehrsatz        | STB                   | <b>1:06:13</b> | +25:23  | 6:37   | 845     | Mas W: 89.   |
| 209. | Hostettler Friedli Maria | 66 | Belp            |                       | <b>1:06:14</b> | +25:24  | 6:37   | 332     | Mas W: 90.   |
| 210. | Hulmann Jenny            | 84 | Düdingen        |                       | <b>1:06:25</b> | +25:35  | 6:38   | 647     | Sen W: 104   |
| 211. | Kissling Anita           | 57 | Bern            |                       | <b>1:06:54</b> | +26:04  | 6:41   | 370     | Vet W: 6.    |
| 212. | Zürcher Regina           | 89 | Bern            |                       | <b>1:06:55</b> | +26:05  | 6:41   | 837     | Sen W: 105   |
| 213. | Schütte Katja            | 67 | Weil am Rhein   |                       | <b>1:07:01</b> | +26:11  | 6:42   | 604     | Mas W: 91.   |
| 214. | Britt Chantal            | 68 | Bern            |                       | <b>1:07:10</b> | +26:20  | 6:42   | 169     | Mas W: 92.   |
| 215. | Boedtker Marianne        | 58 | Bern            |                       | <b>1:07:23</b> | +26:33  | 6:44   | 159     | Vet W: 7.    |
| 216. | Debrunner Gabriela       | 73 | Meiringen       | Laufgruppe Willigen   | <b>1:08:06</b> | +27:16  | 6:48   | 211     | Mas W: 93.   |
| 217. | Käser Patricia           | 97 | Nottwil         |                       | <b>1:08:24</b> | +27:34  | 6:50   | 361     | Sen W: 106   |
| 218. | Luder Nicole             | 89 | Bern            |                       | <b>1:08:53</b> | +28:03  | 6:53   | 412     | Sen W: 107   |
| 219. | Schneider Judith         | 90 | Obersteckholz   |                       | <b>1:08:54</b> | +28:04  | 6:53   | 591     | Sen W: 108   |
| 220. | von Tavel Leonie         | 72 | Wohlen b. Bern  |                       | <b>1:08:58</b> | +28:08  | 6:53   | 676     | Mas W: 94.   |
| 221. | Portmann Ruth            | 54 | Zollikofen      |                       | <b>1:09:13</b> | +28:23  | 6:55   | 517     | Vet W: 8.    |
| 222. | Saudan Borer Sylvie      | 70 | Zürich          |                       | <b>1:10:19</b> | +29:29  | 7:01   | 568     | Mas W: 95.   |
| 223. | Blanke Carmen            | 65 | Bern            |                       | <b>1:11:22</b> | +30:32  | 7:08   | 152     | Mas W: 96.   |
| 224. | Neuenschwander Jana      | 03 | Grafenried      |                       | <b>1:11:33</b> | +30:43  | 7:09   | 479     | Jui: 12.     |
| 225. | Perracini Anna-Isabel    | 98 | Kehrsatz        | GGB                   | <b>1:12:12</b> | +31:22  | 7:13   | 499     | Sen W: 109   |
| 226. | Perracini-Liechti Ruth   | 68 | Kehrsatz        |                       | <b>1:12:16</b> | +31:26  | 7:13   | 501     | Mas W: 97.   |
| 227. | Born Karin               | 67 | Frauenkappelen  | STB Bern              | <b>1:12:51</b> | +32:01  | 7:17   | 163     | Mas W: 98.   |
| 228. | Flogerzi Irene           | 61 | Bern            |                       | <b>1:14:14</b> | +33:24  | 7:25   | 252     | Mas W: 99.   |
| 229. | Wolf Lydia               | 61 | Laupen BE       |                       | <b>1:14:14</b> | +33:24  | 7:25   | 712     | Mas W: 100   |
| 230. | Hurni Claudia            | 70 | Brügg BE        | Schatz, mach was!     | <b>1:14:54</b> | +34:04  | 7:29   | 814     | Mas W: 101   |
| 231. | Kessler Andrea           | 89 | Kirchberg BE    |                       | <b>1:16:30</b> | +35:40  | 7:38   | 365     | Sen W: 110   |
| 232. | Frey Larissa             | 89 | Homberg b. Thun |                       | <b>1:17:40</b> | +36:50  | 7:45   | 257     | Sen W: 111.  |
| 233. | Bühlmann Julia           | 99 | Solothurn       |                       | <b>1:18:22</b> | +37:32  | 7:50   | 184     | Sen W: 112   |
| 234. | Marolf Rosemarie         | 43 | Biel/Bienne     | smrun                 | <b>1:18:58</b> | +38:08  | 7:53   | 428     | Vet W: 9.    |
| 235. | Mathis Rosa Anna         | 64 | Wabern          | STB                   | <b>1:19:43</b> | +38:53  | 7:58   | 433     | Mas W: 102   |
| 236. | Weber Patricia           | 75 | Konolfingen     | Runningtrainer        | <b>1:20:06</b> | +39:16  | 8:00   | 684     | Mas W: 103   |
| 237. | Ambrosi Pascale          | 77 | Schlosswil      |                       | <b>1:27:18</b> | +46:28  | 8:43   | 802     | Mas W: 104   |

### Gestartet

|                    |    |                |                      |     |
|--------------------|----|----------------|----------------------|-----|
| Hess-Beusch Yvonne | 59 | Münchenbuchsee | Laufträff Zollikofen | 322 |
|--------------------|----|----------------|----------------------|-----|

### DNS

|                         |    |                |                  |     |
|-------------------------|----|----------------|------------------|-----|
| Aebischer Michelle      | 91 | Bern           |                  | 104 |
| Agostini Daniela        | 70 | St. Gallen     | DUV              | 107 |
| Antenen Dominique       | 91 | Windisch       |                  | 113 |
| Berther Cécile          | 87 | Bern           |                  | 141 |
| Beyeler Sara            | 93 | Schwarzenburg  | TV Schwarzenburg | 143 |
| Brodbeck Julia          | 91 | Wohlen b. Bern |                  | 170 |
| Bründler-Krebs Cornelia | 68 | Wattenwil      |                  | 172 |
| Büttler Cornelia        | 83 | Solothurn      |                  | 195 |

# Run and Walk Bern 2019

## Ergebnisse

### 10km Running Frauen

| Rang | Nachname Vorname         | Jg | Ort                 | Verein               | Zeit | Abstand | min/km | Startnr | Altersklasse |
|------|--------------------------|----|---------------------|----------------------|------|---------|--------|---------|--------------|
| DNS  |                          |    |                     |                      |      |         |        |         |              |
|      | Dosch Rahel              | 86 | Thun                |                      |      |         |        | 224     |              |
|      | Dosch Rina               | 83 | Thun                |                      |      |         |        | 225     |              |
|      | Eyring Regula            | 72 | Münchenbuchsee      | Laufträff Zollikofen |      |         |        | 241     |              |
|      | Ferandini Tamara         | 74 | Solothurn           | Lauftreff Solothurn  |      |         |        | 244     |              |
|      | Gasser Tabea             | 93 | Mamishaus           |                      |      |         |        | 269     |              |
|      | Haas Rita                | 90 | Bern                |                      |      |         |        | 299     |              |
|      | Haslebacher Agnes        | 69 | Gysenstein          |                      |      |         |        | 307     |              |
|      | Hippenmeyer Yvonne       | 90 | Orpund              |                      |      |         |        | 323     |              |
|      | Hofstetter Christine     | 72 | Thörishaus          | Jogging-Club-Bern    |      |         |        | 327     |              |
|      | Hunziker Corinne         | 87 | Bern                |                      |      |         |        | 342     |              |
|      | Imoberdorf Sonja         | 81 | Bern                |                      |      |         |        | 348     |              |
|      | Iseli Jeannine           | 70 | Schüpfen            | gerbersport          |      |         |        | 349     |              |
|      | Jaberg Margrit           | 55 | Bönigen             |                      |      |         |        | 351     |              |
|      | Kohler Anita             | 74 | Schattenhalb        | Laufgruppe Willigen  |      |         |        | 373     |              |
|      | Grimm Lisa               | 82 | Bern                |                      |      |         |        | 408     |              |
|      | Merz Michelle            | 84 | Münchenbuchsee      |                      |      |         |        | 443     |              |
|      | Müller Brigitte          | 65 | Steffisburg         | www.octopan.ch       |      |         |        | 468     |              |
|      | Nohara Fumiko            | 70 | Gümligen            |                      |      |         |        | 483     |              |
|      | Nordström Karin          | 69 | Zürich              |                      |      |         |        | 484     |              |
|      | Pfäffli Barbara          | 89 | Münsingen           |                      |      |         |        | 507     |              |
|      | Plüss Andrea             | 99 | Bern                | QFXBHFVS             |      |         |        | 512     |              |
|      | Rabaglio Manuela         | 60 | Bern                |                      |      |         |        | 521     |              |
|      | Rauser Noemi             | 87 | Bern                |                      |      |         |        | 524     |              |
|      | Rohrbach Brigitte        | 78 | Schliern b. Köniz   | STB                  |      |         |        | 544     |              |
|      | Schnider Stephanie       | 89 | Solothurn           | Ohne Verein          |      |         |        | 598     |              |
|      | Silva Maria              | 57 | Fribourg            | pas de club          |      |         |        | 620     |              |
|      | Streun Sarah             | 70 | Wabern              |                      |      |         |        | 637     |              |
|      | Volz Regula              | 81 | Zollikofen          | Rowing Club Bern     |      |         |        | 669     |              |
|      | von Gunten-Wallier Tanja | 74 | Busswil b. Melchnau |                      |      |         |        | 674     |              |
|      | Weber Petra              | 73 | Bern                | GoRanjaGo            |      |         |        | 687     |              |
|      | Yagihashi Fumiko         | 75 | Bern                |                      |      |         |        | 723     |              |
|      | Zeyen Barbara            | 62 | Biel/Bienne         |                      |      |         |        | 730     |              |
|      | Sautaux Nadia            | 84 | Grolley             |                      |      |         |        | 828     |              |
|      | Grossrieder Monique      | 75 | Düdingen            | ironladies.ch        |      |         |        | 843     |              |

#280 Teilnehmende